

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>KILLIAN WILLIAM P</u> (Last) (First) (Middle) <u>UNIT 1801/1802 CONDOMINIUM ON THE BAY</u> <u>888 BOULEVARD OF THE ARTS</u> (Street) <u>SARASOTA FL US 34236</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC [ROLL]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner Officer (give title below) <input checked="" type="checkbox"/> Other (specify below) <u>Retired 9/9/09</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>09/09/2009</u>	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock								2,500 ⁽³⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date					
Option to purchase Common Stock	\$31.91							02/12/2009 ⁽¹⁾	02/12/2015	Common Stock	2,500	2,500	D	
Option to purchase Common Stock	\$15.33							11/08/2005 ⁽⁴⁾	11/08/2015	Common Stock	2,500	2,500	D	
Option to purchase Common Stock	\$21.03							07/13/2007 ⁽⁴⁾	07/13/2013	Common Stock	2,500	2,500	D	
Option to purchase Common Stock	\$20.37							11/11/2008 ⁽²⁾	11/11/2015	Common Stock	2,500	2,500	D	

Explanation of Responses:

- Options to purchase shares of common stock are subject to the following vesting schedule: 1/4 vest on 2/12/10, 1/4 vest on 2/12/11, 1/4 vest on 2/12/12 and 1/4 vest on 2/12/13. These options have been modified to allow for a date of exercise of vested options on or before 2/15/2013. This modification does not impact the vesting schedule which remains as set forth above.
- Options to purchase shares of common stock are subject to the following vesting schedule: 1/3 vested on 11/11/09, 1/3 vest on 11/11/10 and 1/3 vest on 11/11/11. These options have been modified to allow for a date of exercise of vested options on or before 9/9/2012. This modification does not impact the vesting schedule which remains as set forth above.
- Upon retirement as an independent director of the Company on 9/9/2009 all unvested restricted stock fully vested as of 9/9/2009.
- These options have been modified to allow for a date of exercise of vested options on or before 9/9/2012.

Thomas J. Williams /attorney 09/11/2009
in fact/

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.