FORM 4

obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	205/19
vvasiiiiiqtuii,	D.C.	20049

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
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	OMB APPROVAL								
	OMB Number:	3235-0287							
	Estimated average burden								
1	hours por rosponso:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* LEVINE ALAN B (Last) (First) (Middle) 9 LYMAN WAY						RBC Bearings INC [ROLL]											all applicable) Director		ng Person(s) to Iss 10% Ov		
						3. Date of Earliest Transaction (Month/Day/Year) 08/16/2007										Officer (give title below)		Other below)		(specify	
(Street)	GHAM M	IA	01701		4. If	f Ame	ndmen	it, Date	e of O	riginal F	iled	(Month/Da	ay/Ye	ar)		Indiv ne) X	Form fi	led by One led by Mor	e Repo	(Check Apporting Person	n
(City)	(S	tate)	(Zip)																		
		Tab	le I - Noi	n-Deriv	ative	Se	curiti	es A	cqu	ired, D	isp	osed o	f, o	r Ber	neficia	lly	Owned				
1. Title of Se	ecurity (Ins	tr. 3)		2. Transa Date (Month/I		ar) E	A. Dee Execution f any Month/	on Dat	е,	3. Transact Code (In: 8)		4. Securit Disposed 5)				d	5. Amour Securitie Beneficia Owned F Reported	s ally ollowing	Form (D) o	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										Code	,	Amount		(A) or (D)	Price		Transact (Instr. 3 a	ion(s)			,iiisti. 4)
Common Stock C				08/16	5/2007	7				P		500		A	\$35.	47	1,0	1,000(1)		D	
		٦	Table II -									sed of, onvertil					wned				
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (I 8)		of Deriv Secu Acqu (A) o Dispo	of Educative (Note of the Control of		6. Date Exercisal Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		J Security	De Se (Ir	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	i de la companya de l	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	٧	(A)	(D)	Date Exe	e rcisable		xpiration ate	Title	.	Amount or Number of Shares						
Stock Option (Right to Buy)	\$21.03								07/1	.3/2007 ⁽²⁾	0	7/13/2013		nmon ock	2,500			2,500		D	
Stock Option (Right to	\$15.33								11/	/08/2005	1	1/08/2015		nmon ock	2,500			2,500		D	

Explanation of Responses:

1. 333 shares of the reported Common Stock are Restricted Shares. Restrictions lapse in accordance with the following schedule: 1/2 lapse on 7/13/08 and 1/2 lapse on 7/13/09. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may vest upon the happening of certain events.

2. Options to purchase shares of common stock are subject to the following vesting schedule: 1/2 vest on 7/13/08 and 1/2 vest on 7/13/09.

Thomas J. Williams 08/20/2007

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.