FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					_														
Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
HARTNETT MICHAEL J						KDC Dearings inc [KULL]									Directo		10% Owner		- 1
(Last) (First) (Middle) 102 WILLENBROCK ROAD ONE TRIBOLOGY CENTER						3. Date of Earliest Transaction (Month/Day/Year) 11/28/2022									Officer (give title below) President and		and	Other (specify below) ad CEO	
				– 4.	If Ame	ndme	nt, Date	of Origir	nal File	ed (Month/Da	ay/Year)		6. Indiv	idual or J	oint/Group	Filing	(Check App	plicable	
(Street) OXFORD CT 06478			06478		_										Form fi	Form filed by One Reporting Person Form filed by More than One Repo			
(City) (State) (Zip)										Person									
		Tak	ole I - N	on-Deri	ivativ	e Se	curit	ties Ac	quire	d, Di	isposed o	f, or Be	enefic	ially	Owned				
1. Title of Security (Instr. 3)		2. Transactio Date (Month/Day/Y		Exec Year) if an		Deemed cution Date, ny nth/Day/Year)		Transaction Disposed C		es Acquired (A) or Of (D) (Instr. 3, 4 an		d 5)	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price		Transac (Instr. 3	action(s)			(111511. 4)	
Common	Stock			11/28/	/2022)22			M		2,398	A	\$72	72.94 27		76,839(1)		D	
Common Stock 11/28/2			/2022				S		1,500	D	\$241	.6667 275,3390		339(1)	339 ⁽¹⁾ D				
		•	Table II	- Deriv (e.g.,	ative puts,	Secu calls	ıritie S, Wa	es Acq arrants	juired, s, opti	Dis ons,	posed of, convertil	or Ben ble sec	eficia uritie	ally O s)	wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I	med 4 on Date, 7 Oay/Year) 8		ransaction ode (Instr.		5. Number of		Exerci on Da Day/Ye		7. Title and Am of Securities Underlying Derivative Sect (Instr. 3 and 4)		D	. Price of Perivative Pecurity Period (1997)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owners Form: Iy Direct (or Indir (I) (Inst	Ownership	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amo or Num of Shar	ber					
Option to Purchase Common Stock	\$72.94	11/28/2022			M			2,398	07/08/2	2021	07/08/2023	Common Stock	2,3	98	\$0	9,496		D	
Option to Purchase Common stock	\$99.64								06/27/2	2021	06/27/2024	Common Stock	32,0	000		32,000		D	
Option to Purchase Common Stock	\$132.12								06/07/20)22 ⁽²⁾	06/07/2025	Common Stock	30,4	100		30,400)	D	
Option to Purchase Common Stock	\$143.92								06/03/20)22 ⁽³⁾	06/03/2026	Common Stock	45,6	500		45,600)	D	
Option to Purchase Common Stock	\$137.44								06/02/20)22 ⁽⁴⁾	06/02/2027	Common Stock	47,1	14		47,114	!	D	
Option to Purchase Common	\$199.16								06/03/20)22 ⁽⁵⁾	06/03/2028	Common Stock	76,0	000		76,000)	D	

Explanation of Responses:

1. Includes 73,788 shares of restricted stock, which vest according to the following schedule; 9,034 shares that vest on 6/2/2023; 34,694 shares 1/2 of which vest on 6/3/2023 and 1/2 vest on 6/3/2024; and 30,060 shares 1/3 of which vest on 6/3/2023, 1/3 vest on 6/3/2024 and 1/3 vest on 6/3/2025.

- 2. All these options to purchase Common Stock are exercisable except for 15,200 options that vest on 6/7/2023.
- 3. All these options to purchase Common Stock are exerciseable except for 30,400 options that subject to the following vesting schedule 1/2 vest on 6/3/2023 and 1/2 vest on 6/3/2024.
- 4. All these options to purchase Common Stock are exerciseable except for 35,335 options that are subject to the following vesting schedule 1/3 vest on 6/2/2023, 1/3 vest on 6/2/2024 and 1/3 vest on 6/2/2025.
- 5. All these options to purchase Common Stock are exerciseable except for 60,800 options that are subject to the following vesting schedule 1/4 vest on 6/3/2023, 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2026.

Remarks:

/s/John J. Feeney/attorney in fact

11/30/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.