FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
- 1	houre per reenonee.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

					0	Secui	011 30	(11) 01 1116	invesui	ieni C	ompany Act o	JI 1940							
1. Name and Address of Reporting Person*  HARTNETT MICHAEL J						2. Issuer Name <b>and</b> Ticker or Trading Symbol RBC Bearings INC [ RBC ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
														X Director			10% Ow	/ner	
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 12/08/2023							)	X Officer (give title below) Other (specify below)  President and CEO					
102 WILLENBROCK ROAD														1 resident and CEO					
ONE TRIBOLOGY CENTER					_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	Street)													X Form filed by One Reporting Person					
OXFOR	OXFORD CT 06478					Form filed by More than One Reporting Person											ting		
(City)	(City) (State) (Zip)				R	Rule 10b5-1(c) Transaction Indication													
											saction was ma Rule 10b5-1(c)			ict, instruction	or written pl	lan tha	t is intended	to satisfy	
		Tal	ole I - N	lon-Der	ivativ	e Se	curi	ties A	cquire	d, Di	sposed o	f, or Be	neficiall	y Owned					
Date				2. Transa Date (Month/D		Execution Date,		n Date,	3. Transaction Code (Instr. 8)  4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3	ion(s)			(Instr. 4)	
Common Stock 12/08/20					/2023	)23		М		14,774	A	\$132.12	2 308,221(1)		D				
Common Stock 12/08/20					/2023	023		S		14,774	D	\$261.551	7 293,	447 <sup>(1)</sup> D		D			
			Table II								posed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/E	ned on Date,	4. Transaction Code (Instr. 8)		5. Number of		6. Date Exercisable ar Expiration Date (Month/Day/Year)		sable and	7. Title and of Securion Underlying	nd Amount ties ng e Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
												Amount							
													or Number						
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	of Shares						
Option to Purchase Common Stock	\$132.12	12/08/2023			M			14,774	06/07/	2022	06/07/2025	Common Stock	14,774	\$0	0		D		
Option to Purchase Common Stock	\$143.92								06/03/2	022 <sup>(2)</sup>	06/03/2026	Common Stock	45,600		45,600	)	D		
Option to Purchase Common Stock	\$137.44								06/02/2	022 <sup>(3)</sup>	06/02/2027	Common Stock	47,114		47,114	1	D		
Option to Purchase Common Stock	\$199.16								06/03/2	022 <sup>(4)</sup>	06/03/2028	Common Stock	76,000		76,000		D		

## **Explanation of Responses:**

- $1. \ Includes 69,052 \ shares of restricted stock, which vest according to the following schedule; 17,347 \ shares that vest on 6/3/2024; 20,040 \ shares 1/2 of which vest on 6/3/2024 and 1/2 vest on 6/3/2025; and 31,665 \ shares 1/3 of which vest on 6/1/2024, 1/3 vest on 6/1/2025 and 1/3 vest on 6/1/2026.$
- $2. \ All \ these \ options \ to \ purchase \ Common \ Stock \ are \ exerciseable \ except \ for \ 15,200 \ options \ that \ vest \ on \ 6/3/2024.$
- 3. All these options to purchase Common Stock are exerciseable except for 23,557 options that are subject to the following vesting schedule 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.
- 4. All these options to purchase Common Stock are exerciseable except for 45,600 options that are subject to the following vesting schedule 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026.

## Remarks:

/s/John J. Feeney/attorney in fact

12/08/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.