Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] <u>Kaplan Steven H.</u>						2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC</u> [ROLL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 11 LINDEN SHORES				09	3. Date of Earliest Transaction (Month/Day/Year) 09/12/2022								Officer (give title Other (specify below) below)					specify	
(Street) BRANFORD CT 06405				_ 4. _	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S	-	(Zip)									f ar D			0				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transactio Date (Month/Day/N)					ction	on 2A. Deemed Execution Date,		3. Transaction Code (Instr.		ST, OF BENETICIA s Acquired (A) or if (D) (Instr. 3, 4 and		5. Amou Securiti Benefici Owned Reporte		int of es ially Following d	Forn (D) c	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A) or (D)	Price			saction(s) r. 3 and 4)			
Common Stock					09/12/2022				S		500	D	\$256.	256.6098		8 6,700 ⁽¹⁾		D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	Ition Date, Transaction of Exp				Expirati	Date Exercisable and xpiration Date Month/Day/Year)			of es ng ve Securi	D S (II	Price of erivative ecurity nstr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)		Date Exercisa	able	Expiration Date	Title	Amou or Numb of Share	er					
Option to Purchase Common Stock	\$128.24								07/03/20)20 ⁽²⁾	07/03/2025	Common Stock	800)		800		D	
Option to Purchase Common Stock	\$158.48								08/19/20)20 ⁽³⁾	08/19/2026	Common Stock	¹ 1,00	0		1,000		D	
Option to Purchase Common Stock	\$137.44								06/02/20)21 ⁽⁴⁾	06/02/2027	Common Stock	1,00	0		1,000		D	
Option to Purchase Common Stock	\$199.16								06/03/20)22 ⁽⁵⁾	06/03/2028	Common Stock	1,00	0		1,000		D	
Option to Purchase Common	\$199.09								06/06/20)23 ⁽⁶⁾	06/06/2029	Common Stock	1,00	0		1,000		D	

Explanation of Responses:

1. Includes 3,000 shares of restricted stock, which vest according to the following schedule; 500 shares that vest on 6/2/2023; 1,000 shares 1/2 of which vest on 6/3/2023 and 1/2 vest on 6/3/2024; and 1,500 shares 1/3 of which vest on 6/6/2023, 1/3 vest on 6/6/2024 and 1/3 vest on 6/6/2025.

2. All these options to purchase Common Stock are exerciseable except for 200 options that vest on 7/3/2023.

3. All these options to purchase Common Stock are exerciseable except for 400 options that are subject to the following vesting schedule - 1/2 vest on 8/19/2023 and 1/2 vest on 8/19/2024.

4. All these options to purchase Common Stock are exerciseable except for 600 options that are subject to the following vesting schedule - 1/3 vest on 6/2/2023, 1/3 vest on 6/2/2024 and 1/3 vest on 6/2/2025. 5. All these options to purchase Common Stock are exerciseable except for 800 options that are subject to the following vesting schedule - 1/4 vest on 6/3/2023, 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2026.

6. These options to purchase Common Stock are subject to the following vesting schedule - 1/5 vest on 6/6/2023, 1/5 vest on 6/6/2024, 1/5 vest on 6/6/2025, 1/5 vest on 6/6/2026 and 1/5 vest on 6/6/2027.

/s/John J. Feeney/attorney in fact 09/13/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.