SEC Form 4	
------------	--

[]

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

0.5

hours per response:

Check this box if no longer subject to	STATEMENT OF
Section 16. Form 4 or Form 5 obligations may continue. See	
Instruction 1(b).	Filed pursuant

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

to Section 16(a) of the Securities Exchange Act of 1934

						Section 30(h) of					of 1940								
1. Name and Address of Reporting Person [*] <u>Edwards Richard J</u>					2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC</u> [RBC]							5. Relationship of Reporting Person(s) to Iss (Check all applicable) Director 10% O							
(Last)	(F		3. Date of Earliest Transaction (Month/Day/Year) 09/14/2023							A bel	cer (give title ow) V.P. and Ge	Other below neral Manage	,						
	LENBROO														0				
ONE TRIBOLOGY CENTER						4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)														Form filed by One Reporting Person					
OXFOR	D C	Г	06478	78									m filed by Mo son	re than One Rep	orting				
(City)	(S	tate)	(Zip)		Rı	Rule 10b5-1(c) Transaction Indication													
	Check this box to indicate that a transaction was made pursuant satisfy the affirmative defense conditions of Rule 10b5-1(c). See									iction or written	plan that is intend	ed to							
		Tat	ole I - N	lon-Deri	vative	e Securities	Acqui	red,	Di	sposed o	f, or B	eneficial	ly Owr	ed					
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				2A. Deemed Execution Dat if any (Month/Day/Ye	Coc	nsacti le (Ins		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			Sec Ben Owr	mount of urities eficially ed Following orted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
							Cod	le V	,	Amount	(A) or (D)	Price	Trar	saction(s) r. 3 and 4)		(Instr. 4)			
Common Stock 09/14/2					2023		М			800	A	\$199.1		13,020(1)	D				
Common	Common Stock 09/14/20				2023		М			80	A	\$199.1	6	13,100 ⁽¹⁾	D				
Common Stock 09/14/20					2023		S			880	D	\$239.73	86	12 ,220 ⁽¹⁾	D				
Common Stock 09/15/20					2023		М			920	Α	\$199.1	6	13,140 ⁽¹⁾	D				
Common Stock 09/15/20							М			2,000	A	\$143.9	2	15 , 140 ⁽¹⁾	D				
Common Stock 09/15/20							м			2,000	A	\$132.1	2	17,140 ⁽¹⁾	D				
Common Stock 09/15/20							S			4,920	D	\$239.62	5	12,220(1)	D				
			Table I			Securities A calls, warra							Owne	d					
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, T Security or Exercise (Month/Day/Year) if any C			4. Transa Code (I 8)		e (Mon	6. Date Exercisable and Expiration Date (Month/Day/Year) Underlying Derivative Sec Underlying			of es ing ve Security	8. Price Derivat Securit (Instr. 5	ve derivative Securitie	e Ownersh s Form: Ily Direct (D or Indirec	Beneficial Ownership t (Instr. 4)					

(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	8)		Acq (A) (Disp of (D	oosed D) tr. 3, 4			Underlyin Derivative (Instr. 3 ai	Security	(Instr. 5)	(Instr. 5) Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option to Purchase Common Stock	\$132.12	09/15/2023		М			2,000	06/07/2023	06/07/2025	Common Stock	2,000	\$0	0	D	
Option to Purchase Common Stock	\$143.92	09/15/2023		М			2,000	06/03/2023 ⁽²⁾	06/03/2026	Common Stock	2,000	\$0	2,000	D	
Option to Purchase Common Stock	\$199.16	09/14/2023		М			80	06/03/2023 ⁽³⁾	06/03/2028	Common Stock	80	\$0	3,920	D	
Option to Purchase Common Stock	\$199.16	09/15/2023		М			920	06/03/2023 ⁽³⁾	06/03/2028	Common Stock	920	\$0	3,000	D	
Option to Purchase Common Stock	\$199.1	09/14/2023		М			800	06/03/2023 ⁽⁴⁾	06/03/2029	Common Stock	800	\$0	3,200	D	
Option to Purchase Common Stock	\$199.51							06/01/2024 ⁽⁵⁾	06/01/2030	Common Stock	2,000		2,000	D	

Explanation of Responses:

1. Includes 4,200 shares of restricted stock, which vest according to the following schedule - 400 shares that vest on 6/3/2024; 1,200 shares 1/3 of which vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026 in 1/2 vest on 6/3/2027; and 1,000 shares 1/5 of which vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2027; and 1,000 shares 1/5 of which vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2026, 1/5 vest on 6/1/2027; and 1,000 shares 1/5 of which vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2028.

2. All these options to purchase Common Stock are exerciseable except for 2,000 options that vest on 6/3/2024.

3. All these options to purchase Common Stock are exerciseable except for 3,000 options that are subject to the following vesting schedule - 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026. 4. All these options to purchase Common Stock are exerciseable except for 3,200 options that are subject to the following vesting schedule - 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025, 1/4 vest on 6/3/2026 and 1/4 vest on 6/3/2027.

5. These options to purchase Common Stock are subject to the following vesting schedule - 1/5 vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2026, 1/5 vest on 6/1/2027 and 1/5 vest on 6/1/2028.

Remarks:

<u>/s/John J. Feeney/attorney in</u>	00/15/2022
fact	<u>09/15/2023</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.