FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Bannon Patrick S.					2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [RBC]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last)	(F ODS WAY	•	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/01/2023)	below)		Other (specif below) neral Manager		specify		
(Street) SOUTHBURY CT 06488					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	State)	(Zip)			Chec	ck this bo	x to i	c) Transa	ansa	ction was i	made purs	uant t				n plan	that is intende	ed to		
		Tab	le I - Noi	n-Deriv					.cquired, [
1. Title of Security (Instr. 3) 2. Trai			2. Transa	action Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transac Code (In	3. 4. Secur Transaction Dispose Code (Instr. 5)		rities Acquired (A) or ed Of (D) (Instr. 3, 4 an		(A) or	5. Amount of		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	V	Amount	(A) (D)	or	Price	Transaction(s) (Instr. 3 and 4)						
Common	Stock				/2023				A		1,00		1	\$0		515 ⁽¹⁾		D			
		7							quired, Di ts, options						Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	ate, Transact				Expiration D	Date Exercisable and xpiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			Derivative Security (Instr. 5) Benefic Owned Followin Reporte Transac	9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	ve es ally ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		piration ate	Title	or Nu of	nount mber ares							
Option to Purchase Common Stock	\$199.51	06/01/2023			A		2,000		06/01/2024 ⁽²	06	/01/2030	Common Stock	2	,000	\$0	2,000		D			
Option to Purchase Common Stock	\$126.56								02/01/2023	02	/01/2025	Common Stock	4	,000		4,000	4,000 D				
Option to Purchase Common Stock	\$132.12								06/07/2023 ⁽³	06	/07/2025	Common Stock	2,	,000		2,000		D			
Option to Purchase Common Stock	\$143.92								06/03/2020 ⁽⁴	06	/03/2026	Common Stock	15	,000		15,000)	D			
Option to Purchase Common Stock	\$137.44								06/02/2021 ⁽⁵	06	/02/2027	Common Stock	15	,000		15,000)	D			
Option to Purchase Common Stock	\$199.16								06/03/2022 ⁽⁶	06	/03/2028	Common Stock	5	,000		5,000		D			
Option to Purchase Common Stock	\$199.1								06/03/2023 ⁽⁷	06	/03/2029	Common Stock	2,	,000		2,000		D			

Explanation of Responses:

- 1. Includes 9,600 shares of restricted stock, that vest according to the following schedule 3,000 shares 1/3 of which vest on 6/2/2023, 1/3 vest on 6/2/2024 and 1/3 vest on 6/2/2025; 2,000 shares 1/2 of which vest on 6/3/2023 and 1/2 vest on 6/3/2024; 1,000 shares that vest on 6/7/2023; 1,600 shares 1/4 of which vest on 6/3/2023, 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2025, 1/5 vest on 6/3/2025, 1/5 vest on 6/3/2027; and 1,000 shares 1/5 of which vest on 6/3/2024, 1/5 vest on 6/3/2025, 1/5 vest on 6/3/2026, 1/5 vest on 6/3/2027 and 1/5 vest on 6/3/2028.
- 2. These options to purchase Common Stock are subject to the following vesting schedule 1/5 vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2026, 1/5 vest on 6/1/2027 and 1/5 vest on 6/1/2028.
- 3. These options to purchase Common Stock vest on 6/7/2023.
- 4. All these options to purchase Common Stock are exerciseable except for 6,000 options that are subject to the following vesting schedule 1/2 vest on 6/3/2023 and 1/2 vest on 6/3/2024.
- 5. All these options to purchase Common Stock are exerciseable except for 9,000 options that are subject to the following vesting schedule 1/3 vest on 6/2/2023, 1/3 vest on 6/2/2024 and 1/4 vest on 6/2/2025.
- 6. All these options to purchase Common Stock are exerciseable except for 4,000 options that are subject to the following vesting schedule 1/4 vest on 6/3/2023, 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2026.

7. These options to purchase Common Stock are subject to the following vesting schedule - 1/5 vest on 6/3/2023, 1/5 vest on 6/3/2024, 1/5 vest on 6/3/2025, 1/5 vest on 6/3/2026 and 1/5 vest on 6/3/2027.

Remarks:

/s/John J. Feeney/attorney in fact 06/05/2023

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.