	rm 4 FORM	Λ		ED ST		SSE	CU	RITI	ES A	ND	ЕХСНА	NGE	СОММ	ISSION	I				
		-	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL			
Section 16. Form 4 or Form 5 obligations may continue. See					ΞΝΤ	NT OF CHANGES IN BENEFICIAL OWNERSHIF									OMB Number: 3235-0287 Estimated average burden				
						d pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940													
1 Nome of	nd Addroop of	Deporting Dercon*					,	,				of 1940	5.1	Relationshir	of Reportir	na Per	son(s) to Is	suer	
1. Name and Address of Reporting Person [*] Kaplan Steven H.						2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC</u> [RBC]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Logt) (First) (Middle)					- 3. Date of Earliest Transaction (Month/Day/Year) 08/30/2023									Officer (give title Other (specify below) below)					
(Last) (First) (Midd 11 LINDEN SHORES						4. If Amendment, Date of Original Filed (Month/Day/Year)						6	6. Individual or Joint/Group Filing (Check Applicable						
,					- - '	And	lamen	i, Daie	or origi			ly/reary	Lin	e)	filed by On				
(Street) BRANFORD CT 06405														Form	filed by Mo		•		
,						Person Rule 10b5-1(c) Transaction Indication													
(City)	(Si	tate)	(Zip)		Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to														
						satisf	y the af	firmativ	e defense	e condi	tions of Rule 1	.0b5-1(c). S	See Instructi	on 10.	ion or written	i pian t	nat is intende		
		Tab	le I - N	lon-Deri	vative	e Sec	curiti	es Ac	cquire	d, Di	isposed o	of, or Be	eneficia	ly Owne	d				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Exe	Deemed sution Date,		3. Transaction Code (Instr.		4. Securities Acquired (Disposed Of (D) (Instr. 3			Securi	5. Amount of Securities Beneficially		wnership n: Direct or Indirect	7. Nature of Indirect Beneficial		
					ay/rearj			onth/Day/Year)		insu.				Owned Report	Following ed		(I) (Instr. 4)	Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price		ction(s) 3 and 4)				
Common	Stock			08/30/2	2023				S		2,000	D	\$228.15	32 5,	900(1)		D		
		٦	Table I								posed of, converti			v Owned					
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date curity or Exercise (Month/Day		3A. Deemed Execution Date,		4. Transaction Code (Instr. 8)		5. Number on of		6. Date Exercisable Expiration Date (Month/Day/Year)		sable and te	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security	derivative Securities	e S	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	
	Derivative				-,		Acqu (A) o Dispo of (D) (Instr	iired r osed) r. 3, 4			·	Derivativ	e Security	(Instr. 5)	Beneficia Owned Following Reported Transacti (Instr. 4)	j	or Indirect (I) (Instr. 4)		
	Derivative				_,		Acqu (A) o Dispo of (D) (Instr	iired r osed) r. 3, 4				Derivativ	e Security and 4) Amount or	- (instr. 5)	Owned Following Reported Transacti	j	or Indirect		
	Derivative					v	Acqu (A) of Dispo of (D) (Instr and 5	iired r osed) r. 3, 4 5)	Date Exercisa	able	Expiration	Derivativ	e Security and 4) Amount or Number of	(instr. 5)	Owned Following Reported Transacti	j	or Indirect		
Option to Purchase Common Stock	Derivative				Code	v	Acqu (A) o Dispo of (D) (Instr	iired r osed) r. 3, 4	Date Exercisa 07/03/2			Derivativ (Instr. 3 a	e Security and 4) Amount or Number	(instr. 5)	Owned Following Reported Transacti	g ion(s)	or Indirect		
Purchase Common	Derivative Security					v	Acqu (A) of Dispo of (D) (Instr and 5	iired r osed) r. 3, 4 5)	Exercisa	2020	Expiration Date	Derivativ (Instr. 3 a Title	e Security nd 4) Amount or Number of Shares	(instr. 5)	Owned Following Reported Transacti (Instr. 4)	g ion(s)	or Indirect (I) (Instr. 4)		
Purchase Common Stock Option to Purchase Common	Security \$128.24					v	Acqu (A) of Dispo of (D) (Instr and 5	iired r osed) r. 3, 4 5)	Exercisa 07/03/2	2020)20 ⁽²⁾	Expiration Date	Derivativ (Instr. 3 a Title Common Stock	e Security and 4) Amount or Number of Shares 800	(instr. 5)	Owned Following Reported Transacti (Instr. 4)] j j oon(s))	D		
Purchase Common Stock Option to Purchase Common Stock	Derivative Security \$128.24 \$158.48					v	Acqu (A) of Dispo of (D) (Instr and 5	iired r osed) r. 3, 4 5)	Exercisa 07/03/2 08/19/20	2020 ()20 ⁽²⁾ ()21 ⁽³⁾	Expiration Date 07/03/2025 08/19/2026	Derivativ (Instr. 3 a Title Common Stock Common	Amount or Number of Shares 800 1,000	(instr. 5)	Owned Following Reported Transacti (Instr. 4))	D D		
Purchase Common Stock Option to Purchase Common Stock Option to Purchase Common Stock	Derivative Security \$128.24 \$158.48 \$137.44					v	Acqu (A) of Dispo of (D) (Instr and 5	iired r osed) r. 3, 4 5)	Exercisa 07/03/2 08/19/20 06/02/20	2020)20 ⁽²⁾)21 ⁽³⁾)22 ⁽⁴⁾	Expiration Date 07/03/2025 08/19/2026 06/02/2027	Derivativ (Instr. 3 a Title Common Stock Common Stock	Amount or Number of Shares 800 1,000	(instr. 5)	Owned Following Reported Transacti (Instr. 4) 800 1,000)))	D D D		
Purchase Common Stock Option to Purchase Common Stock Option to Purchase Common Stock	Derivative Security \$128.24 \$128.24 \$137.44 \$137.44 \$199.16					v	Acqu (A) of Dispo of (D) (Instr and 5	iired r osed) r. 3, 4 5)	Exercisa 07/03/2 08/19/20 06/02/20 06/03/20	2020 2020 ⁽²⁾ 221 ⁽³⁾ 222 ⁽⁴⁾ 223 ⁽⁵⁾	Expiration Date 07/03/2025 08/19/2026 06/02/2027 06/03/2028	Derivativ (Instr. 3 a Title Common Stock Common Stock Common Stock	Amount or Number of Shares 800 1,000 1,000		Owned Following Reported Transacti (Instr. 4) 800 1,000 1,000)))	or Indirect (I) (Instr. 4) D D D D		

1. Includes 2,700 shares of restricted stock, which vest according to the following schedule; 500 shares that vest on 6/3/2024; 1,000 shares 1/2 of which vest on 6/6/2024 and 1/2 vest on 6/6/2025; and 1,200 shares 1/3 of which vest on 6/5/2024, 1/3 vest on 6/5/2025 and 1/3 vest on 6/5/2026.

2. All these options to purchase Common Stock are exerciseable except for 200 options that vest on 8/19/2024.

3. All these options to purchase Common Stock are exerciseable except for 400 options that are subject to the following vesting schedule - 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.

4. All these options to purchase Common Stock are exerciseable except for 600 options that are subject to the following vesting schedule - 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026. 5. All these options to purchase Common Stock are exerciseable except for 800 options that are subject to the following vesting schedule - 1/4 vest on 6/6/2024, 1/4 vest on 6/6/2025, 1/4 vest on 6/6/2026 and 1/4 vest on 6/6/2027.

6. These options to purchase Common Stock are subject to the following vesting schedule - 1/5 vest on 6/5/2024, 1/5 vest on 6/5/2025, 1/5 vest on 6/5/2026, 1/5 vest on 6/5/2027 and 1/5 vest on 6/5/2028. **Remarks:**

/s/John J. Feeney/attorney in

08/30/2023

Date

<u>fact</u> ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.