

**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, DC 20549**

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report: **January 9, 2005** (Date of earliest event reported: **January 9, 2005**)

RBC BEARINGS INCORPORATED

(EXACT NAME OF REGISTRANT AS SPECIFIED IN ITS CHARTER)

Delaware
(State or other jurisdiction of incorporation)

333-124824
(Commission File Number)

95-4372080
(IRS Employer Identification No.)

**One Tribology Center
Oxford, CT 06478
Telephone: (203) 267-7001**
(Address of Principal Executive Offices, including Zip Code)

(203) 267-7001
(Registrant's Telephone Number, Including Area Code)

N/A
(Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 8.01 Other Events.

On January 9, 2006 RBC Bearings Incorporated issued a press release announcing that it will present at the Eighth Annual Needham & Company Growth Conference, held January 10-13 at the New York Palace Hotel, in New York City. which is being furnished as Exhibit 99.1.

Chairman, President and Chief Executive Officer, Dr. Michael J. Hartnett is scheduled to present an overview of the company and its growth strategies on January 13, 2006 at 9:30a.m, with a breakout session immediately following. Interested parties may access a live broadcast of the presentation through the Investor Relations portion of the company's website at www.rbcbearings.com on the day of the event.

Item 9.01 Financial Statements and Exhibits.

(c) Exhibits

Exhibit 99.1. Press Release dated January 9, 2005.

SIGNATURES

According to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

Date: January 9, 2005

RBC BEARINGS INCORPORATED

By: /s/ Daniel A. Bergeron

Name: Daniel A. Bergeron

Title: Chief Financial Officer

Press Release**RBC Bearings to Present at Eighth Annual Needham & Company Growth Conference**

Oxford, CT – January 9, 2006 – RBC Bearings Incorporated (Nasdaq: ROLL), a leading international manufacturer of highly-engineered precision plain, roller and ball bearings for the industrial, defense and aerospace industries, today announced that it will present at the Eighth Annual Needham & Company Growth Conference, held January 10-13 at the New York Palace Hotel, in New York City.

Chairman, President and Chief Executive Officer, Dr. Michael J. Hartnett is scheduled to present an overview of the company and its growth strategies on January 13, 2006 at 9:30a.m, with a breakout session immediately following.

Interested parties may access a live broadcast of the presentation through the Investor Relations portion of the company's website at www.rbcbearings.com on the day of the event.

About RBC Bearings

RBC Bearings Incorporated is an international manufacturer and marketer of highly engineered precision bearings and components. Founded in 1919, the Company is primarily focused on producing highly technical or regulated bearing products requiring sophisticated design, testing, and manufacturing capabilities for the diversified industrial, aerospace and defense markets. Headquartered in Oxford, Connecticut, RBC Bearings currently employs approximately 1,700 people in 18 facilities located throughout North America and Europe.

Contacts

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