FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per respons	e· 0.5									

5. Relationship of Reporting Person(s) to Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

<u>Sullivan Robert M</u>					RE	RBC Bearings INC [RBC]							(C)	Direct	Director		10% O	
(Last) (First) (Middle) 180 WINDMILL HILL					3. Date of Earliest Transaction (Month/Day/Year) 06/02/2023								^ below	Officer (give title below) Vice Presiden		Other (specify below)		
(Street) WETHERSFIELD CT 06109				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Lin	ie) X Form Form	_			on	
(City) (State) (Zip)				1_	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to													
						Che	ck this i	box to ir affirmati	ndicate that a ve defense co	trans	action was r	nade pursua L0b5-1(c). So	ee Instruct	ntract, instructi ion 10.	ion or writter	n plan t	that is intende	ed to
		Tab	le I - No	n-Deri	vative	Se	curit	ies A	cquired,	Dis	posed o	of, or Be	neficia	lly Owne	d			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					y/Year) Ex		A. Deemed execution Date, fany Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3,		d 5) Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following Reported		n: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D) Prid		Transaction(s) (Instr. 3 and 4)				, ,
Common Stock				06/02	06/02/2023				F		176(1)	D	\$199.	51 10,	10,064 ⁽²⁾		D	
Common	Stock			06/05	5/2023				F		252(1)	D	\$208.	27 9,8	312 ⁽³⁾		D	
		٦	Table II						quired, C ts, option					y Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Executio if any (Month/D	n Date,	4. Transac Code (II 8)		ion Number Ex		Expiration I	Date Exercisable an xpiration Date Ionth/Day/Year)		7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e Owners Form Direct or Inc (I) (In	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	or Number of Shares					
Option to Purchase Common Stock	\$99.64								06/27/2021	(4)	06/27/2024	Common Stock	800		800		D	
Option to Purchase Common Stock	\$132.12								06/07/2021	(5)	06/07/2025	Common Stock	3,000		3,000		D	
Option to Purchase Common Stock	\$143.92								06/03/2021	(6)	06/03/2026	Common Stock	5,600		5,600		D	
Option to Purchase Common Stock	\$137.44								06/02/2021	(7)	06/02/2027	Common Stock	10,000		10,000		D	
Option to Purchase Common Stock	\$199.16								06/03/2022	(8)	06/03/2028	Common Stock	5,000		5,000)	D	
Option to Purchase Common Stock	\$199.1								06/03/2023	(9)	06/03/2029	Common Stock	4,000		4,000)	D	
Option to Purchase Common Stock	\$199.51								06/01/2024 ⁽	10)	06/01/2030	Common Stock	5,000		5,000)	D	

- $1. \ Represents \ shares \ withheld \ by \ the \ Company \ to \ pay \ tax \ liability \ related \ to \ the \ vesting \ of \ restricted \ stock.$
- 2. Includes 7,300 shares of restricted stock, which vest according to the following schedule 100 shares that vest on 6/7/2023; 400 shares 1/2 of which vest on 6/3/2023 and 1/2 vest on 6/3/2024; 1,000 shares 1/2 of which vest on 6/3/2024 and 1/2 vest on 6/3/2025; 800 shares 1/4 of which vest on 6/3/2023, 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2025; 2,000 shares 1/5 of which vest on 6/3/2023, 1/5 vest on 6/3/2024, 1/5 vest on 6/3/2025, 1/5 vest on 6/3/2025, 1/5 vest on 6/3/2026 and 1/5 vest on 6/3/2027; and 3,000 shares 1/5 of which vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2026, 1/5 vest on 16/1/2027 and 1/5 vest on 6/1/2028.
- $3. \ Includes 6,500 \ shares of restricted stock, which vest according to the following schedule 100 \ shares that vest on 6/7/2023; 200 \ shares that vest on 6/3/2024; 1,000 \ shares 1/2 of which vest on 6/3/2024 and 1/2 vest on 6/3/2025; 600 \ shares 1/3 of which vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026; 1,600 \ shares 1/4 of which vest on 6/3/2024, 1/4 vest on 6/3/2025, 1/4 vest on 6/3/2026 and 1/4 vest on 6/3/2027; and 3,000 \ shares 1/5 of which vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2027 and 1/5 vest on 6/1/2028.$
- $4. \ All \ these \ options \ to \ purchase \ Common \ Stock \ are \ exerciseable \ except \ for \ 400 \ options \ that \ vest \ on \ 6/27/2022.$

- $5. \ All \ these \ options \ to \ purchase \ Common \ Stock \ are \ exerciseable \ except \ for \ 1,000 \ options \ that \ vest \ on \ 6/7/2023.$
- 6. All these options to purchase Common Stock are exerciseable except for 1,400 options that vest on 6/3/2024.
- 7. All these options to purchase Common Stock are exerciseable except for 4,000 options that are subject to the following vesting schedule 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.
- 8. All these options to purchase Common Stock are exerciseable except for 3,000 options that are subject to the following vesting schedule 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026.
- 9. All these options to purchase Common Stock are exerciseable except for 3,200 options that are subject to the following vesting schedule 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025, 1/4 vest on 6/3/2026 and 1/4 vest on 6/3/2027.
- 10. These options to purchase Common Stock are subject to the following vesting schedule 1/5 vest on 6/1/2024, 1/5 vest on 6/1/2025, 1/5 vest on 6/1/2026, 1/5 vest on 6/1/2027 and 1/5 vest on 6/1/2028.

Remarks:

/s/John J. Feeney/attorney in d6/06/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.