## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	Washington, D.C. 20	0549	
<b>STATEMENT</b>	OF CHANGES IN BE	NEFICIAL OWNER	RSHIP

vvasimigton, b.c	. 20040	

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>LEVINE ALAN B</u>				2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ ROLL ]							(Che	Relationship of Reporting Persor (Check all applicable)     X Director				uer wner			
	LENBROC	CK ROAD	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 07/08/2016							Officer below)	(give title		Other (specify below)			
ONE TR	IBOLOGY	CENTER			4. If	f Ame	endment,	, Date	of Origina	l File	d (Month/Da	ıy/Yea	ır)	6. In	dividual or J	oint/Group	Filing	(Check Ap	plicable
(Street) OXFORD CT 06478		06478											X Form filed by One Reporting Person Form filed by More than One Reporti						
(City)	(S	tate)	(Zip)																
		Tak	ole I - No	n-Deriv	vative	e Se	curitie	es A	cquired	, Dis	sposed o	f, or	Bene	ficiall	y Owned				
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)			Execution Date, ly/Year) if any		Code (	Transaction Disposed Of (D) (Instr. 3, 4 a Code (Instr.				Securities Beneficially Owned Follow		y Form (D) or	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common	Stock			07/08	/2016				A		1,250(4)(6	5)(8)	D	\$0.0	18,77	0(4)(6)(8)		D	
			Table II -								osed of, convertil				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transa Code (I 8)		ion of Exp		Expiration Date (Month/Day/Year) S		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)		es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal	ole	Expiration Date	Title	or Ni of	umber					
Option to Purchase Common Stock	\$39.16								07/07/201	2 <sup>(1)</sup>	07/07/2018	Com	ock 2	,500		2,500	)	D	
Option to Purchase Common Stock	\$44.6								06/04/201	.3 <sup>(2)</sup>	06/04/2019		ock 2	,500		2,500	)	D	
Option to Purchase Common Stock	\$51.08								06/14/201	4 <sup>(3)</sup>	06/14/2020		ock 2	,500		2,500	)	D	
Option to Purchase Common Stock	\$64.15								07/01/201	.5 <sup>(5)</sup>	07/01/2021		ock 2	,000		2,000	)	D	
Option to Purchase Common Stock	\$72.83								07/01/201	6 <sup>(7)</sup>	07/01/2022		umon ock 2	,000		2,000	)	D	
Option to Purchase Common	\$72.94	07/08/2016			A		2,000		07/08/201	7 <sup>(9)</sup>	07/08/2023		imon ock 2	,000	\$72.94	2,000	)	D	

## **Explanation of Responses:**

- 1. Options to purchase shares of common stock are subject to the following vesting schedule: 1/3 vested on 7/7/2012, 1/3 vest on 7/7/2013 and 1/3 vest on 7/7/2014.
- 2. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.
- 3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2018. Options expire 7 years from grant date.
- 4. 416 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 7/1/2016, 1/2 vest on 7/1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 5. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2015, 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018 and 1/5 vest on 7/1/2019. Options expire 7 years from grant date.
- 6. 833 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 7. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018, 1/5 vest on 7/1/2019 and 1/5 vest on 7/1/2020. Options expire 7 years from grant date.

8. 1,250 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

9. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021. Options expire 7 years from grant date.

## Remarks:

Thomas J. Williams, attorney <u>07/12/2016</u>

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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