SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

1. Name and Addres	1 0	rson*	2. Issuer Name and Ticker or Trading Symbol <u>RBC Bearings INC</u> [ROLL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Daimon Paure	<u>_K J.</u>				Director	10% Owner				
(Last) 131 WOODS Wa	(First) AY DRIVE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/04/2019	X	Officer (give title below) V.P. and General M	Other (specify below) Manager				
			4. If Amendment, Date of Original Filed (Month/Day/Year)		dual or Joint/Group Filing	(Check Applicable				
(Street) SOUTHBURY	СТ	06488		Line) X	Form filed by One Report	0				
(City)	(State)	(Zip)			Form filed by More than Person	One Reporting				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common Stock	12/04/2019		F		232(1)	D	\$162.01	22,976 ⁽²⁾	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Ex		6. Date Exerci Expiration Dat (Month/Day/Ye	e	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Option to Purchase Common Stock	\$126.56							02/01/2019 ⁽³⁾	02/01/2025	Common Stock	20,000		20,000	D	
Option to Purchase Common Stock	\$132.12							06/07/2019 ⁽⁴⁾	06/07/2025	Common Stock	10,000		10,000	D	
Option to Purchase Common Stock	\$143.92							06/03/2020 ⁽⁵⁾	06/03/2026	Common Stock	15,000		15,000	D	

Explanation of Responses:

1. Represents shares withheld by the Company to pay tax liability related to the vesting of restricted stock

2. Includes 13,700 shares of restricted stock, that vest according to the following schedule; 5,000 shares 1/5 of which vest on 6/3/2020, 1/5 vest on 6/3/2021, 1/5 vest on 6/3/2022, 1/5 vest on 6/3/2023 and 1/5 vest on 6/3/2024; 6,000 shares 1/4 of which vest on 2/1/2020, 1/4 vest on 2/1/2021, 1/4 vest on 2/1/2022 and 1/4 vest on 12/2/2023; 2,000 shares 1/2 of which vest on 12/2/2020 and 1/2 vest on 12/2/2021; and 700 shares that vest on 12/4/2020.

3. All these options to purchase Common Stock are exercisable except for 16,000 options that are subject to the following vesting schedule - 1/4 vest on 2/1/2020, 1/4 vest on 2/1/2021, 1/4 vest on 2/1/2022 and 1/4 vest on 2/1/2023.

4. All these options to purchase Common Stock are exercisable except for 8,000 options that are subject to the following vesting schedule - 1/4 vest on 6/7/2020, 1/4 vest on 6/7/2021, 1/4 vest on 6/7/2022 and 1/4 vest on 6/7/2023.

5. Options to purchase shares of Common Stock are subject to the following vesting schedule - 1/5 vest on 6/3/2020, 1/5 vest on 6/3/2021, 1/5 vest on 6/3/2022, 1/5 vest on 6/3/2023 and 1/5 vest on 6/3/2024. Remarks:

> /s/Joseph Salamunovich/attorney in fact ** Signature of Reporting Person Date

12/06/2019

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.