FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL								
	OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Stewart Edward (Last) (First) (Middle) 5715 EAST CHENEY DRIVE PARADISE VALLEY					2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL] 3. Date of Earliest Transaction (Month/Day/Year) 07/08/2016								(Che	elationship o ck all applic Directo			son(s) to Iss 10% Ov		
														Officer below)	(give title		Other (s below)	specify	
(Street) PARADISE VALLEY AZ 85253				4. If Amendment, Date of Original Filed (Month/Day/Year) 07/12/2016									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(3		(Zip)	erivativ	, Sa	curitic		cauired	Die	nosed o	of or B	onot	 Ficially	v Owned	<u> </u>				1
1. Title of Security (Instr. 3) 2. Tran				Transactio	n (ear)	2A. Deemed Execution Date, if any (Month/Day/Year		3. Transaction Code (Instr.		4. Securities Acquired (ADisposed Of (D) (Instr. 3, 5)		A) or	5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	_	
								Code	v	Amount	(A) (D)	or I	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common Stock		(07/08/2016				A		1,250) /	1	\$0.01	12,75	0(2)(4)(6)	D				
		-	Fable II - De					quired, D						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Ye	e, Transactio		5. Number of		6. Date Exercisa Expiration Date (Month/Day/Year		ble and	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	E C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	t I
				Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	or Nu of	ımber						
Option to Purchase Common Stock	\$51.08							06/14/2014	(1)	06/14/2020	Commo Stock	n 2	,500		2,500		D		
Option to Purchase Common Stock	\$64.15							07/01/2015	(3)	07/01/2021	Commo Stock	n 2	,000		2,000		D		
Option to Purchase Common Stock	\$72.83							07/01/2016	(5)	07/01/2022	Commo Stock	n 2	,000		2,000		D		
Option to Purchase	¢72.04	07/01/2015				2,000		07/00/0047	(7)	7/00/2022	Commo	n ₂	000	ф72 O4	2,000		Ъ		

Explanation of Responses:

Common

\$72.94

07/01/2015

- $1. \ Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/$ 6/14/2018. Options expire 7 years from grant date.
- 2. 416 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 7/1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

07/08/2017⁽⁷⁾

07/08/2023

- 3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2015, 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018 and 1/5 vest on 7/1/2019. Options expire 7 years from grant date.
- 4. 833 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 5. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018, 1/5 vest on 7/1/2019 and 1/5 vest on 7/1/2020. Options expire 7 years from grant date.
- 6. 1,250 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 7. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021. Options expire 7 years from grant date.

Remarks:

Thomas J. Williams, attorney

2,000

Stock

\$72.94

2,000

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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