FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					_									_							
Name and Address of Reporting Person*						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [RBC]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
Kaplan Steven H.							UIIII	-02	[KL	~ 1				_ :	X Directo	or		10% O	wner		
(Last)	(F	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/05/2023									Officer below)	(give title		Other (: below)	specify		
11 LINDEN SHORES				4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) BRANFORD CT 06405																X Form filed by One Reporting Person Form filed by More than One Reporting					
					_	Person Pulo 10h5 1(c) Transaction Indication															
(City) (State) (Zip)				Ru	Rule 10b5-1(c) Transaction Indication																
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.															
		Tab	le I - No	n-Deriv	ative	Se	curitie	s A	cquired, I	Disp	osed o	f, or E	ene	ficial	ly Owne	d					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D						2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Ir	Transaction Code (Instr.		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			d Securiti Benefic Owned	5. Amount of Securities Beneficially Owned Following		n: Direct	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	unt (A) (D)		Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)		
Common	Stock			06/05	5/2023				A		1,20	0	A	\$ <mark>0</mark>	7,900(1)			D			
		7							quired, Di						Owned						
1. Title of		2 Transportion	1	1	uts, c	alls	·		s, options	_		1		ies)	8. Price of	9. Number	r of	10.	11. Nature		
Derivative Security (Instr. 3)	vative Conversion Date Execution Date, irity or Exercise (Month/Day/Year) if any		Transac	ransaction of ode (Instr. Derivative		Expiration Date (Month/Day/Year) A. Si Ui			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			Derivative Security (Instr. 5)	derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owners Form: Direct (I or Indire (I) (Instr	Ownership	of Indirect Beneficial Ownership ct (Instr. 4)					
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	or Nu of	nount imber ares							
Option to Purchase Common Stock	\$206.19	06/05/2023			A		1,000		06/05/2024 ⁽²	0	6/05/2030	Commo Stock	n 1,	,000	\$0	1,000		D			
Option to Purchase Common Stock	\$128.24								07/03/2020 ⁽³	0	7/03/2025	Commo Stock	n {	300		800		D			
Option to Purchase Common Stock	\$158.48								08/19/2020 ⁽⁴	0	8/19/2026	Commo Stock	n 1	,000		1,000	1	D			
Option to Purchase Common Stock	\$137.44								06/02/2021 ⁽⁵	0	6/02/2027	Commo Stock	n 1,	,000		1,000		D			
Option to Purchase Common Stock	\$199.16								06/03/2022 ⁽⁶	0	6/03/2028	Commo Stock	n 1,	,000		1,000		D			
Option to Purchase Common Stock	\$199.09								06/06/2023 ⁽⁷	0	6/06/2029	Commo Stock	n 1	,000		1,000		D			

Explanation of Responses:

- $1. \ Includes 2,700 \ shares of restricted stock, which vest according to the following schedule; 500 \ shares that vest on 6/3/2024; 1,000 \ shares 1/2 of which vest on 6/6/2024 and 1/2 vest on 6/6/2025; and 1,200 \ shares 1/3 of which vest on 6/5/2024, 1/3 vest on 6/5/2025 and 1/3 vest on 6/5/2026.$
- 2. These options to purchase Common Stock are subject to the following vesting schedule 1/5 vest on 6/5/2024, 1/5 vest on 6/5/2025, 1/5 vest on 6/5/2026, 1/5 vest on 6/5/2027 and 1/5 vest on 6/5/2028.
- $3. \ All \ these \ options \ to \ purchase \ Common \ Stock \ are \ exerciseable \ except \ for \ 200 \ options \ that \ vest \ on \ 7/3/2023.$
- 4. All these options to purchase Common Stock are exerciseable except for 400 options that are subject to the following vesting schedule 1/2 vest on 8/19/2023 and 1/2 vest on 8/19/2024.
- 5. All these options to purchase Common Stock are exerciseable except for 400 options that are subject to the following vesting schedule 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.
- 6. All these options to purchase Common Stock are exerciseable except for 600 options that are subject to the following vesting schedule 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026.
- 7. All these options to purchase Common Stock are exerciseable except for 800 options that are subject to the following vesting schedule 1/4 vest on 6/6/2024, 1/4 vest on 6/6/2025, 1/4 vest on 6/6/2026 and 1/4 vest on 6/6/2027.

Remarks:

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.