FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

ı	UMB APPRO	JVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* <u>HARTNETT MICHAEL J</u>						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL] 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner													
(Last) (First) (Middle) 102 WILLENBROCK ROAD ONE TRIBOLOGY CENTER					3. Date of Earliest Transaction (Month/Day/Year) 08/09/2018									Officer (give title below) President a		and C	Other (spec below) and CEO		
(Street) OXFORD CT 06478				- 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)						Person													
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/				tion	n 2A. Deemed Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and					5. Amount of Securities Beneficially Owned Follo		nt of s ally following	6. Own Form: (D) or I (I) (Inst	Direct c Indirect E tr. 4) (7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) or (D)	Price		Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			08/09/2	2018)18		S			31,097	D	\$140.	2715	379,639(1)(2)(3)		D		
Common	Stock			08/10/2					S		2,007	D	\$140.	0521 377,632(1)(2)		32(1)(2)(3)	2 ⁽¹⁾⁽²⁾⁽³⁾ D		
		-	Table								posed of, converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/E	on Date, T		ransaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exerci ion Da Day/Ye		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		S	3. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: y Direct (D) or Indirec (I) (Instr. 4	Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amor or Numl of Share	oer					
Option to Purchase Common Stock	\$51.08								06/14/20	014 ⁽⁴⁾	06/14/2020	Common Stock	20,0	00		20,000		D	
Option to Purchase Common Stock	\$64.15								07/01/20	015 ⁽⁵⁾	07/01/2021	Common Stock	40,0	00		40,000		D	
Option to Purchase Common Stock	\$72.83								07/01/20	016 ⁽⁶⁾	07/01/2022	Common Stock	48,0	00		48,000		D	
Option to Purchase Common Stock	\$72.94								07/08/20	017 ⁽⁷⁾	07/08/2023	Common Stock	80,0	00		80,000		D	
Option to Purchase Common stock	\$99.64								06/27/20	018 ⁽⁸⁾	06/27/2024	Common Stock	80,0	00		80,000		D	
Option to Purchase Common	\$132.12								06/07/20	019 ⁽⁹⁾	06/07/2025	Commor Stock	76,0	00		76,000		D	

Explanation of Responses:

- 1. 16,783 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 2. 26,133 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule 1/2 vest on 6/27/2019 and 1/2 vest on 6/27/2020. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. 52,040 shares of the reported Common Stock are Restricted Shares. 1/3 vest on 6/7/2019, 1/3 vest on 6/7/2020 and 1/3 vest on 6/7/2021. Unvested shares of Restricted Stock (i)may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 4. Options to purchase shares of Common Stock expire 7 years from grant date.
- $5.\ Options\ to\ purchase\ shares\ of\ Common\ Stock\ vest\ on\ 7/1/2019.\ Options\ expire\ 7\ years\ from\ grant\ date.$
- 6. Options to purchase shares of Common Stock are subject to the following vesting schedule 1/2 vest on 7/1/2019 and 1/2 vest on 7/1/2020. Options expire 7 years from grant date.
- 7. Options to purchase shares of Common Stock are subject to the following vesting schedule 1/3 vest on 7/8/2019, 1/3 vest on 7/8/2020 and 1/3 vest on 7/8/2021. Options expire 7 years from grant date.

8. Options to purchase shares of Common Stock are subject to the following vesting schedule - 1/4 vest on 6/27/2019, 1/4 vest on 6/27/2020, 1/4 vest on 6/27/2021 and 1/4 vest on 6/27/2022. Options expire 7 years from grant date.

9. Options to purchase shares of Common Stock are subject to the following vesting schedule - 1/5 vest on 6/7/2019, 1/5 vest on 6/7/2020, 1/5 vest on 6/7/2021, 1/5 vest on 6/7/2022 and 1/5 vest on 6/7/2023. Options expire 7 years from grant date.

Remarks:

/s/Thomas J. Williams /attorney in fact 08/10/2018

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.