FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

TATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

ı	OMB APPRO	JVAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BERGERON DANIEL A					Susuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL] Date of Earliest Transaction (Month/Day/Year) 07/08/2019									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 129 PEACEABLE STREET														below)	(specify				
(Street) REDDING CT 06896			4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City) (State) (Zip)											Person Person								
		Tab	le I - No	n-Deriv	vative	e Se	ecurit	ies A	cquired	, Di	sposed o	f, or Be	nefici	ally (Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				ay/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr.		ties Acquired (A) or I Of (D) (Instr. 3, 4 and				s ally following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D) Pri			Transact (Instr. 3 a	ion(s)			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
Common	Stock			07/08	8/2019				F		1,545 ⁽¹	D \$1		6.01	1 82,292 ⁽²⁾		D		
		٦	Γable ΙΙ -								osed of converti				wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) of utive		n Date,	4. Transactio Code (Insti		5. Number 6.		Expiration	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security		9. Number derivative Securities Beneficial Owned Following Reported Transactic (Instr. 4)	i ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab	ole	Expiration Date	Title	Amour or Number of Shares	er					
Option to Purchase Common Stock	\$51.08								06/14/20	14	06/14/2020	Common Stock	20,00	00		20,000)	D	
Option to Purchase Common Stock	\$64.15								07/01/20	15	07/01/2021	Common Stock	20,00	00		20,000	0	D	
Option to Purchase Common Stock	\$72.83								07/01/201	6 ⁽³⁾	07/01/2022	Common Stock	25,00	00		25,000	0	D	
Option to Purchase Common Stock	\$72.94								07/08/201	7 ⁽⁴⁾	07/08/2023	Common Stock	40,00	00		40,000	0	D	
Option to Purchase Common Stock	\$99.64								06/27/201	8 ⁽⁵⁾	06/27/2024	Common Stock	30,00	00		30,000	0	D	
Option to Purchase Common Stock	\$132.12								06/07/201	g ⁽⁶⁾	06/07/2025	Common Stock	35,00	00		35,000)	D	
Option to Purchase Common	\$143.92								06/03/202	0 ⁽⁷⁾	06/03/2026	Common Stock	35,00	00		35,000)	D	

Explanation of Responses:

- 1. Represents shares withheld by the Company to pay tax liability related to the vesting of restricted stock
- 2. Includes 45,000 shares of restricted stock, which vest according to the following schedule; 3,333 shares vest on 6/27/2020; 16,667 shares 1/2 of which vest on 6/7/2020 and 1/2 vest on 6/7/2021; and 25,000 shares 1/3 of which vest on 6/3/2020, 1/3 vest on 6/3/2021 and 1/3 vest on 6/3/2022.
- $3. \ All \ these \ options \ to \ purchase \ Common \ Stock \ are \ exercisable \ except \ for \ 5,000 \ options \ that \ vest \ on \ 7/1/2020.$
- 4. All these options to purchase Common Stock are exercisable except for 16,000 options that are subject to the following vesting schedule 1/2 vest on 7/8/2020 and 1/2 vest on 7/8/2021.
- 5. All these options to purchase Common Stock are exercisable except for 18,000 options that are subject to the following vesting schedule 1/3 vest on 6/27/2020, 1/3 vest on 6/27/2021 and 1/3 vest on 6/27/2022.
- 6. All these options to purchase Common Stock are exercisable except for 28,000 options that are subject to the following vesting schedule 1/4 vest on 6/7/2020, 1/4 vest on 6/7/2021, 1/4 vest on 6/7/2022 and 1/4 vest on 6/7/2023
- $7.\ Options\ to\ purchase\ shares\ of\ Common\ Stock\ are\ subject\ to\ the\ following\ vesting\ schedule\ -\ 1/5\ vest\ on\ 6/3/2020,\ 1/5\ vest\ on\ 6/3/2022,\ 1/5\ vest\ on\ 6/3/2023\ and\ 1/5\ vest\ on\ 6/3/2024.$

Remarks:

Stock

/s/Joseph Salamunovich/attorney in fact

07/09/2019

** Signature of Reporting Person

Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.