FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL								
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								
	OMB Number: Estimated average burd								

10% Owner

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

X Director

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person*

HARTNETT MICHAEL J

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name **and** Ticker or Trading Symbol

RBC Bearings INC [RBC]

(Last) (First) (Middle) 102 WILLENBROCK ROAD ONE TRIBOLOGY CENTER					12	Date of Earliest Transaction (Month/Day/Year) X 12/05/2023 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Indir									Officer (give title Other (specify below) President and CEO ividual or Joint/Group Filing (Check Applicable			
(Street) OXFORD CT 06478				-	Transitionient, Date of Original Filed (Month/Day/Tear) To individual of John Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person											son		
(City)	(S	itate)	(Zip)		R	ule '	10b	5-1(c)	Trar	nsac	tion Indi	cation						
											saction was ma Rule 10b5-1(c)			t, instruction	or written pl	an that is intend	led to satisfy	
		Tal	ole I - N	on-Der	ivativ	e Se	curi	ties Ac	quire	d, Di	sposed of	f, or Be	neficially	Owned				
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)				4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an			5. Amou Securitie Benefici Owned F Reporte	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) or (D)	Price	Transact (Instr. 3	tion(s)		(
Common	Stock			12/05/	12/05/2023				M		11,596	A	\$99.64	305,	043(1)	D		
Common	Stock			12/05/2023					S		11,596	D	\$264.382	293,	447(1)	D		
Common	Stock			12/06/2023					M		16,530	A	\$99.64	309,	977 ⁽¹⁾	D	\sqcup	
Common	Stock			12/06/2023					S		16,530	D	\$260.5350	5 293,	447(1)	D		
Common Stock			12/07/	2023	╙			M		3,874	A	\$99.64	297,	321(1)	D			
Common	Stock			12/07/	2023	\perp			M		15,626	A	\$132.12	312,	947(1)	47 ⁽¹⁾ D		
Common	Stock			12/07/	2023)23					19,500	D	\$258.9239	293,447 ⁽¹⁾		D		
		,	Table II								oosed of, convertib			Owned				
1. Title of Derivative Security (Instr. 3)	Conversion Date	3. Transaction Date (Month/Day/Year)	ite Execution onth/Day/Year) if any						6. Date Exercisable and Expiration Date (Month/Day/Year)			of Securities De Underlying Se		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi s Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership ect (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amount or Number of Shares					
Option to Purchase Common stock	\$99.64	12/05/2023			M			11,596	06/27/	2021	06/27/2024	Commor Stock	11,596	\$0	20,404	D		
Option to Purchase Common stock	\$99.64	12/06/2023			M			16,530	06/27/	2021	06/27/2024	Commor Stock	16,530	\$0	3,874	D		
Option to Purchase Common stock	\$99.64	12/07/2023			М			3,874	06/27/	2021	06/27/2024	Commor Stock	3,874	\$0	0	D		
Option to Purchase Common Stock	\$132.12	12/07/2023			М			15,626	06/07/	2022	06/07/2025	Commor Stock	15,626	\$0	14,774	D		
Option to Purchase Common Stock	\$143.92								06/03/2	022 ⁽²⁾	06/03/2026	Commor Stock	45,600		45,600	D		
Option to Purchase Common Stock	\$137.44								06/02/2	022 ⁽³⁾	06/02/2027	Commor Stock	47,114		47,114	D		
Option to Purchase Common Stock	\$199.16								06/03/2	022 ⁽⁴⁾	06/03/2028	Commor Stock	76,000		76,000	D		

shares 1/3 of which vest on 6/1/2024, 1/3 vest on 6/1/2025 and 1/3 vest on 6/1/2026.

- 2. All these options to purchase Common Stock are exerciseable except for 15,200 options that vest on 6/3/2024.
- 3. All these options to purchase Common Stock are exerciseable except for 23,557 options that are subject to the following vesting schedule 1/2 vest on 6/2/2024 and 1/2 vest on 6/2/2025.
- 4. All these options to purchase Common Stock are exerciseable except for 45,600 options that are subject to the following vesting schedule 1/3 vest on 6/3/2024, 1/3 vest on 6/3/2025 and 1/3 vest on 6/3/2026.

Remarks:

/s/John J. Feeney/attorney in fact 12/07/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.