UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of report: October, 30 2009 (Date of earliest event reported: October 30, 2009)

RBC BEARINGS INCORPORATED

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

333-124824 (Commission File Number) 95-4372080 (IRS Employer Identification No.)

One Tribology Center Oxford, CT 06478

(Address of principal executive offices) (Zip Code)

(203) 267-7001

(Registrant's telephone number, including area code)

N/A

(Former name or former address, if changed since last report)

eck the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following visions (see General Instruction A.2. below):
Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 2 - Financial Information

Item 2.02. Results of Operations and Financial Condition.

On October 30, 2009, RBC Bearings Incorporated (the "Company") issued a press release announcing its financial results for the quarter ended September 26, 2009 and certain other information. This press release has been furnished as Exhibit 99.1 to this report and is incorporated herein by this reference.

The information in this report, including the exhibit hereto, is furnished pursuant to Item 2.02 of Form 8-K, and is not deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934 or otherwise subject to the liabilities of that section. The information contained herein and in the accompanying exhibit is not incorporated by reference in any filing of the Company under the Securities Act of 1933 or the Securities Exchange Act of 1934, whether made before or after the date hereof and irrespective of any general incorporation language in any filings.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit 99.1 Press Release of RBC Bearings Incorporated dated October 30, 2009.

SIGNATURES

According to the requirements of the Securities Exchange Act of 1934, the Company has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

Date: October 30, 2009

RBC BEARINGS INCORPORATED

By: /s/ Thomas J. Williams

Name: Thomas J. Williams

Title: Corporate General Counsel & Secretary

Press release

RBC Bearings Incorporated Announces Fiscal 2010 Second Quarter Results

Oxford, CT – October 30, 2009 – RBC Bearings Incorporated (Nasdaq: ROLL), a leading international manufacturer of highly-engineered precision plain, roller and ball bearings for the industrial, defense and aerospace industries, today reported results for the second quarter ended September 26, 2009.

Second Quarter Highlights

		Q2 Fiscal 2010				Q2 Fisc	al 20	009	Change			
(\$ in millions)	GAAP		Adjusted (1)			GAAP	Adjusted (1)		GAAP	Adjusted (1)		
Net sales	\$	63.7			\$	94.3			-32.5%			
Gross margin	\$	19.1	\$	20.0	\$	30.2	\$	30.9	-36.8%	-35.2%		
Gross margin %		30.0%		31.4%		32.0%		32.7%				
Operating income	\$	7.2	\$	8.5	\$	15.2	\$	16.6	-52.3%	-48.8%		
Net income	\$	4.4	\$	5.3	\$	9.6	\$	10.7	-54.1%	-50.6%		
Diluted EPS	\$	0.20	\$	0.24	\$	0.44	\$	0.49	-54.5%	-51.0%		
Results exclude items in reconciliation below.												

Six Month Highlights

	Q2 Fiscal				Q2 Fisc	al 2	009	Change				
(\$ in millions)	G	AAP	A	djusted (1)	 GAAP	Α	djusted (1)	GAAP	Adjusted (1)			
Net sales	\$	127.4			\$ 186.7			-31.8%				
Gross margin	\$	39.0	\$	40.4	\$ 60.8	\$	61.8	-35.8%	-34.7%			
Gross margin %		30.6%		31.7%	32.6%		33.1%					
Operating income	\$	15.0	\$	17.0	\$ 32.2	\$	34.1	-53.4%	-50.3%			
Net income	\$	9.5	\$	10.6	\$ 20.3	\$	21.9	-53.3%	-51.5%			
Diluted EPS (1) Results exclude items in reconciliation below	\$	0.44	\$	0.49	\$ 0.93	\$	1.01	-52.7%	-51.5%			

⁽¹⁾ Results exclude items in reconcination below.

[&]quot;We are extremely proud of the way management responded to the sudden and unprecedented changes in market demand for our products that were the direct consequence of the international financial crisis. A sharp focus was maintained on sales, service, and profitability while a simultaneous restructuring of the business to the new reality of demand took place," said Dr. Michael J. Hartnett, Chairman and Chief Executive Officer. "Our outlook today is for a business expansion over the balance of the year in most of our served markets."

Second Quarter Results

Net sales for the second quarter of fiscal 2010 were \$63.7 million, a decrease of 32.5% from \$94.3 million in the second quarter of fiscal 2009. The decrease of 32.5% was driven by a decrease of 43.4% in our industrial business and by a 23.5% decrease in net sales in our aerospace and defense business. Gross margin for the second quarter was \$19.1 million compared to \$30.2 million for the same period last year. Gross margin as a percentage of net sales was 30.0% in the second quarter of fiscal 2010 compared to 32.0% for the same period last year. The decline in gross margin percentage was mainly driven by the current economic downturn combined with start-up costs associated with the Company's expansion into new bearing products. Gross margin as a percentage of net sales, excluding \$0.9 million of start-up costs, was 31.4% compared to 32.7% for the same adjusted period last year.

Operating income decreased 52.3% to \$7.2 million for the second quarter of fiscal 2010 compared to \$15.2 million for the same period last year. As a percentage of net sales, operating income was 11.4% compared to 16.1% for the same period last year. Operating income excluding start-up costs associated with the expansion into new bearing products and restructuring and moving costs was \$8.5 million, a decrease of 48.8% compared to adjusted operating income for the same period last year. As a percentage of net sales, operating income, excluding these charges, was 13.3% compared to 17.6% for the same adjusted period last year.

Interest expense, net for the second quarter of fiscal 2010 was \$0.5 million, compared to \$0.7 million for the same period last year.

Other non-operating expense was \$0.1 million for the second quarter of fiscal 2010. This was mainly comprised of foreign exchange losses on inter-company loans between our U.S. division and international division. Since these loans are not considered long-term in nature, the resulting translation losses are included in net income.

For the second quarter of fiscal 2010, the Company reported net income of \$4.4 million compared to net income of \$9.6 million in the same period last year. Excluding the after-tax start-up costs associated with the expansion into new bearing products, restructuring and moving costs, and the foreign exchange loss, net income decreased 50.6% to \$5.3 million compared to \$10.7 million for the same adjusted period last year.

Six Month Results

Net sales for the six month period ended September 26, 2009 were \$127.4 million, a decrease of 31.8% from \$186.7 million for the six month period ended September 27, 2008. Gross margin for the six month period ended September 26, 2009 was \$39.0 million compared to \$60.8 million for the same period last year. Gross margin as a percentage of net sales was 30.6% for the six month period of fiscal 2010 compared to 32.6% for the same period last year. The decline in gross margin percentage was mainly driven by the current economic downturn combined with start-up costs associated with the Company's expansion into new bearing products. Gross margin as a percentage of net sales, excluding \$1.4 million of start-up costs, was 31.7% compared to 33.1% for the same adjusted period last year.

For the six month period ended September 26, 2009, the Company reported operating income of \$15.0 million compared to \$32.2 million for the same period last year. Operating income excluding start-up costs associated with the expansion into new bearing products and restructuring and moving costs was \$17.0 million for the six month period ended September 26, 2009 compared to \$34.1 million for the same adjusted period last year. Operating income as a percentage of net sales excluding these charges was 13.3% for the six month period ended September 26, 2009 compared to 18.3% for the same adjusted period last year.

Interest expense, net for the six month period ended September 26, 2009 was \$0.9 million, a decrease of \$0.4 million, from \$1.3 million for the same period last year.

Other non-operating expense was a gain of \$0.2 million for the six month period ended September 26, 2009. This was mainly comprised of foreign exchange gains on inter-company loans between our U.S. division and International division. Since these loans are not considered long-term in nature, the resulting translation gains are included in net income.

Net income for the six month period ended September 26, 2009 was \$9.5 million compared to net income of \$20.3 million for the same period last year. Excluding the after-tax start-up costs associated with the expansion into new bearing products, restructuring and moving costs, and the foreign exchange gain, net income was \$10.6 million compared to \$21.9 million for the same adjusted period last year.

Live Webcast

RBC Bearings Incorporated will host a webcast at 11:00 a.m. ET today to discuss the quarterly results. To access the webcast, go to the investor relations portion of the Company's website, www.rbcbearings.com, and click on the webcast icon. If you do not have access to the Internet and wish to listen to the call, dial 866-783-2141 (international callers dial 857-350-1600) and enter conference ID # 27465595. An audio replay of the call will be available from 2:00 p.m. ET on Friday, October 30th until 11:59 p.m. ET on Friday, November 6th. The replay can be accessed by dialing 888-286-8010 (international callers dial 617-801-6888) and entering conference call ID # 82308929. Investors are advised to dial into the call at least ten minutes prior to the call to register.

Non-GAAP Financial Measures

In addition to disclosing results of operations that are determined in accordance with generally accepted accounting principles ("GAAP"), this press release also discloses non-GAAP results of operations that exclude certain charges. These non-GAAP measures adjust for charges that Management believes are unusual. Management believes that the presentation of these non-GAAP measures provides useful information to investors regarding the Company's results of operations, as these non-GAAP measures allow investors to better evaluate ongoing business performance. Investors should consider non-GAAP measures in addition to, not as a substitute for, financial measures prepared in accordance with GAAP. A reconciliation of the non-GAAP measures disclosed in the press release with the most comparable GAAP measures are included in the financial table attached to this press release.

About RBC Bearings

RBC Bearings Incorporated is an international manufacturer and marketer of highly engineered precision bearings and components. Founded in 1919, the Company is primarily focused on producing highly technical or regulated bearing products requiring sophisticated design, testing, and manufacturing capabilities for the diversified industrial, aerospace and defense markets. Headquartered in Oxford, Connecticut, RBC Bearings currently employs approximately 1,724 people and operates 23 manufacturing facilities in four countries.

Safe Harbor for Forward Looking Statements

Certain statements in this press release contain "forward-looking statements." All statements other than statements of historical fact are "forward-looking statements" for purposes of federal and state securities laws, including the section of this press release entitled "Outlook"; any projections of earnings, revenue or other financial items relating to the Company, any statement of the plans, strategies and objectives of management for future operations; any statements concerning proposed future growth rates in the markets we serve; any statements of belief; any characterization of and the Company's ability to control contingent liabilities; anticipated trends in the Company's businesses; and any statements of assumptions underlying any of the foregoing. Forwardlooking statements may include the words "may," "estimate," "intend," "continue," "believe," "expect," "anticipate" and other similar words. Although the Company believes that the expectations reflected in any forward-looking statements are reasonable, actual results could differ materially from those projected or assumed in any of our forward-looking statements. Our future financial condition and results of operations, as well as any forward-looking statements, are subject to change and to inherent risks and uncertainties beyond the control of the Company. These risks and uncertainties include, but are not limited to, risks and uncertainties relating to general economic conditions, geopolitical factors, future levels of general industrial manufacturing activity, future financial performance, market acceptance of new or enhanced versions of the Company's products, the pricing of raw materials, changes in the competitive environments in which the Company's businesses operate, the outcome of pending or future litigation and governmental proceedings and approvals, estimated legal costs, increases in interest rates, the Company's ability to meet its debt obligations, and risks and uncertainties listed or disclosed in the Company's reports filed with the Securities and Exchange Commission, including, without limitation, the risks identified under the heading "Risk Factors" set forth in the Company's Annual Report filed on Form 10-K. The Company does not intend, and undertakes no obligation, to update or alter any forward-looking statement.

Contacts

RBC Bearings Daniel A. Bergeron 203-267-5028 dbergeron@rbcbearings.com

FD Michael Cummings 617-747-1796 investors@rbcbearings.com

RBC Bearings Incorporated Consolidated Statements of Operations (dollars in thousands, except share and per share data) (Unaudited)

		Three Mon	Ended	Six Months Ended				
	Se	September 26, 2009		September 27, 2008		September 26, 2009		ptember 27, 2008
Net sales	\$	63,657	\$	94,294	\$	127,389	\$	186,674
Cost of sales		44,564		64,077		88,392		125,902
Gross margin		19,093		30,217		38,997		60,772
Operating expenses:								
Selling, general and administrative		11,132		13,952		22,751		27,079
Other, net	_	724		1,097		1,230		1,479
Total operating expenses		11,856		15,049		23,981		28,558
Operating income		7,237		15,168		15,016		32,214
Interest expense, net		460		650		929		1,331
Loss on early extinguishment of debt		-		-		-		319
Other non-operating expense (income)		85		249		(240)		166
Income before income taxes		6,692		14,269		14,327		30,398
Provision for income taxes		2,288		4,681		4,856		10,127
Net income	\$	4,404	\$	9,588	\$	9,471	\$	20,271
Net income per common share:								
Basic	\$	0.20	\$	0.44	\$	0.44	\$	0.94
Diluted	\$	0.20	\$	0.44	\$	0.44	\$	0.93
Weighted average common shares:								
Basic		21,591,779		21,567,551		21,587,193		21,564,463
Diluted		21,746,552		21,761,677		21,718,805		21,771,849

RBC Bearings Incorporated Consolidated Statements of Operations (dollars in thousands, except share and per share data) (Unaudited)

		Three Mor	ths E	Six Months Ended				
Reconciliation of Reported Operating Income to		otember 26, 2009	September 27, 2008		September 26, 2009		Sej	ptember 27, 2008
Adjusted Operating Income:								
Reported operating income	\$	7,237	\$	15,168	\$	15,016	\$	32,214
Large bearing start-up costs		892		645		1,374		1,043
Restructuring and moving costs		354		389		562		487
Disposal of fixed assets		-		370		19		400
Adjusted operating income	\$	8,483	\$	16,572	\$	16,971	\$	34,144

Reconciliation of Reported Net Income and		Three Mon	ths 1	Ended	Six Months Ended				
Net Income Per Common Share to Adjusted Net Income and Adjusted Net Income Per Common Share:	Se	eptember 26, 2009	S	September 27, September 26, 2008 2009		Se	September 27, 2008		
Reported net income	\$	4,404	\$	9,588	\$	9,471	\$	20,271	
Large bearing start-up costs (1)		587		433		908		696	
Restructuring and moving costs (1)		233		261		372		325	
Disposal of fixed assets (1)		-		249		13		267	
Loss on early extinguishment of debt (1)		-		-		-		213	
Foreign exchange loss (gain) on inter-company loans (1)		56		167		(159)		111	
Adjusted net income	\$	5,280	\$	10,698	\$	10,605	\$	21,883	
(1) Item was tax effected at the effective tax rate.									
Adjusted net income per common share:									
Basic	\$	0.24	\$	0.50	\$	0.49	\$	1.01	
Diluted	\$	0.24	\$	0.49	\$	0.49	\$	1.01	
Adjusted weighted average common shares:									
Basic		21,591,779		21,567,551		21,587,193		21,564,463	
Diluted		21,746,552		21,761,677		21,718,805		21,771,849	

RBC Bearings Incorporated Consolidated Statements of Operations (dollars in thousands, except share and per share data) (Unaudited)

	Three Months Ended							ded	
Segment Data, Net External Sales:	-	September 26, 2009		September 27, 2008		September 26, 2009		tember 27, 2008	
Roller bearings segment	\$	17,311	\$	25,666	\$	32,879	\$	50,623	
Plain bearings segment		30,262		43,181		61,262		86,896	
Ball bearings segment		11,370		16,555		23,612		31,601	
Other segment		4,714		8,892		9,636		17,554	
	\$	63,657	\$	94,294	\$	127,389	\$	186,674	
	Three Months Ended				Six Months Ended				

		Three Mor	nths Ei	Six Months Ended				
Selected Financial Data:		ember 26, 2009	Sept	September 27, 2008		September 26, 2009		tember 27, 2008
Depreciation and amortization	\$	2,976	\$	3,250	\$	5,867	\$	6,416
Incentive stock compensation expense	\$	707	\$	553	\$	1,453	\$	1,105
Cash provided by operating activities	\$	4,610	\$	2,230	\$	21,379	\$	23,943
Capital expenditures	\$	1,751	\$	6,451	\$	6,021	\$	11,020
Total debt					\$	63,005	\$	51,190
Cash and short-term investments					\$	41,620	\$	9,262
Total debt minus cash and short-term investments					\$	21,385	\$	41,928
Backlog					\$	160,530	\$	239,939