FORM 4

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box if no longer subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF	CHANGES	IN E	BENEFI	CIAL	OWNE	ERSHIP)

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Burigo Thomas M</u>					2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]								lationship o ck all applica Director	(s) to Issue 10% Owi					
(Last) (First) (Middle) 11 HYATT LANE			3. Date of Earliest Transaction (Month/Day/Year) 11/11/2008								X	below)	Officer (give title below) Corporate (Other (sp below) oller	ecify			
(Street) WESTPO	WESTPORT CT US 06880				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
1. Title of Security (Instr. 3)				2. Transa Date	(Month/Day/Year) if any		2A. Deemed Execution Date,		3. 4. Transaction Code (Instr.		oosed of, or Benefic 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4)		5. Amoun Securities Beneficia Owned Fe	s lly ollowing	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
				Code			v	Amount	(A) or (D)	Price	Reported Transacti (Instr. 3 a	on(s)		(1	nstr. 4)				
Common Stock												1,060(2)		D					
Common Stock 11/				11/11/	1/2008			A ⁽⁵⁾		1,500(5)	A	\$0.01	2,560(2)(5)		D				
			Table II -							osed of, o			Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date (Month/Day/Year) in Exercise (Month/Day/Year) in Conversion of Conversion (Month/Day/Year) in Conversion (Mo		4. ate, Trai	nsaction le (Instr.	5. Number of Derivative		6. Date Exercisable an Expiration Date (Month/Day/Year)		sable and			8. Price of Derivative Security (Instr. 5)	rivative curity Securities Beneficia Owned Following Reported		.0. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Cod	le V	(A)		Date Exercisal	ble	Expiration Date	Title	Amount or Number of Shares		Transactio (Instr. 4)	on(s)				
Option to purchase Common Stock	\$31.91							02/12/200)9 ⁽³⁾	02/12/2015	Common Stock	10,000		10,000	0	D			
Option to purchase Common Stock	\$22.66							07/12/200)8 ⁽¹⁾	07/12/2013	Common Stock	4,000		4,000		D			
Option to purchase	\$20.37	11/11/2008		A		10,000 ⁽⁴⁾		11/11/200)9 ⁽⁴⁾	11/11/2015	Common Stock	10,000	\$20.37	10,000	0	D			

Explanation of Responses:

- $1. \ Options \ to purchase shares of common stock are subject to the following vesting schedule: 1/4 vest on 7/12/08, 1/4 vest on 7/12/09, 1/4 vest on 7/12/10 and 1/4 vest on 7/12/11.$
- 2. 750 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 lapse on 7/12/09, 1/3 lapse on 7/12/10 and 1/3 lapse on 7/12/11. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
- 3. Options to purchase shares of common stock are subject to the following vesting schedule: 1/5 vest on 2/12/09, 1/5 vest on 2/12/10, 1/5 vest on 2/12/11, 1/5 vest on 2/12/12 and 1/5 vest on 2/12/13.
- $4.\ Options\ to\ purchase\ shares\ of\ common\ stock\ are\ subject\ to\ the\ following\ vesting\ schedule:\ 1/3\ vested\ on\ 11/11/109,\ 1/3\ vest\ on\ 11/11/10\ and\ 1/3\ vest\ on\ 11/11/11.$
- 5. 1,500 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 lapse on 11/11/09, 1/3 lapse on 11/11/10 and 1/3 lapse on 11/11/11. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

Thomas J. Williams

11/13/2008

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v)
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.