FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington,	D.C. 20549	
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OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HARTNETT MICHAEL J					2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]							(Chec	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 102 WILLENBROCK ROAD ONE TRIBOLOGY CENTER					3. Date of Earliest Transaction (Month/Day/Year) 02/12/2008							X	X Officer (give title below) Other (specify below) President and CEO				
(Street) OXFORI		T State)	US 06478 (Zip)		4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing Line) X Form filed by One Repo								Reportin	g Person			
		Т	able I - Non-	Deriva	tive S	ecurities	Acc	quired,	Dis	oosed of	, or Ben	eficially	Owned				
			. Transac Oate Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Dis		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4			5. Amount Securities Beneficiall Owned Fo	y I	6. Owner Form: Di (D) or Ind (I) (Instr.	irect Ir direct B 4) C	7. Nature of Indirect Beneficial Ownership	
								Code V		Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock				02/12/2	2/2008		A		25,000	A	\$0.01	358,841(1)(4)		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	Conversion Date Exercise (Month/Day/Year) if		3A. Deemed Execution Date, if any (Month/Day/Year	4. Trans Code 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable Expiration Date (Month/Day/Year)		•	of Securities		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	ly O	0. ownership orm: oirect (D) r Indirect) (Instr. 4)	Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisab	le	Expiration Date	Title	Amount or Number of Shares		Transactio (Instr. 4)	on(s)		
Stock Option for Common Stock	\$14.5							03/29/20	06	08/10/2015	Common Stock	533,502		533,50	2	D	
Stock Option for Common Stock	\$22.66							07/12/200	7 ⁽²⁾	07/12/2013	Common Stock	40,000		40,000		D	
Stock Option for Common	\$31.91	02/12/2008		A		100,000 ⁽³⁾		02/12/200	9 ⁽³⁾	02/12/2015	Common Stock	100,000	\$0.01	100,000	0	D	

Explanation of Responses:

- 1. 6,667 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 lapse on 7/12/08 and 1/2 lapse on 7/12/09. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may vest upon the happening of certain events.
- 2. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/3 vested on 7/12/07, 1/3 vest on 7/12/08 and 1/3 vest on 7/12/09.
- 3. Options to purchase shares of common stock are subject to the following vesting schedule: 1/5 vest on 2/12/09, 1/5 vest on 2/12/10, 1/5 vest on 2/12/11, 1/5 vest on 2/12/12 and 1/5 vest on 2/12/13.
- 4. 25,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/5 lapse on 2/12/09, 1/5 lapse on 2/12/10, 1/5 lapse on 2/12/11, 1/5 lapse on 2.12/12 and 1/5 lapse on 2/12/13. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.

Thomas J. Williams 02/14/2008

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.