FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	Name and Address of Reporting Person* <u>Bannon Patrick S.</u>					2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]							(Ch	eck all applic	onship of Reporting all applicable) Director Officer (give title		g Person(s) to Issuer 10% Owner Other (spec	
(Last)	(F ODS WAY	,	(Middle)			Date o /02/2		est Tra	nsaction (M	/lonth	/Day/Year)			below)		ieral :	below)	specify
(Street) SOUTHBURY CT 06488 (City) (State) (Zip)				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - No	n-Deriv	ative	e Se	curiti	es A	cquired	, Dis	sposed c	of, or Bei	neficial	y Owned	<u> </u>			
1. Title of Security (Instr. 3)				Date (Month/Day/Year) i		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year		Code (Insti			ies Acquired (A) or Of (D) (Instr. 3, 4 and		Beneficially Owned Following		Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)
Common	Stock	12/02	2/2019				F		313(1)	D	\$165.8	8 23,2	208(2)		D			
		7	Table II -								osed of, converti			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)				6. Date Exercisa Expiration Date (Month/Day/Yea			7. Title and Amour of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					
Option to Purchase Common Stock	\$126.56								02/01/2019	9 ⁽³⁾	02/01/2025	Common Stock	20,000		20,000)	D	
Option to Purchase Common Stock	\$132.12								06/07/2019	g ⁽⁴⁾	06/07/2025	Common Stock	10,000		10,000)	D	
Option to Purchase Common	\$143.92								06/03/2020	0 ⁽⁵⁾	06/03/2026	Common Stock	15,000		15,000)	D	

Explanation of Responses:

- 1. Represents shares withheld by the Company to pay tax liability related to the vesting of restricted stock
- $2. \ Includes 13,700 \ shares of restricted stock, that vest according to the following schedule; 5,000 \ shares 1/5 of which vest on 6/3/2021, 1/5 vest on 6/3/2022, 1/5 vest on 6/3/2023 \ and 1/5 vest on 6/3/2024; 6,000 \ shares 1/4 of which vest on 2/1/2020, 1/4 vest on 2/1/2022, 1/4 vest on 12/2/2023; 2,000 \ shares 1/2 of which vest on 12/2/2020 \ and 1/2 vest on 12/2/2021; and 1/4 vest on 12/2/2023 \ and 1/2 vest on 12/2/2020 \ and 1/2 vest on 12/2/2021 \ and 1/2 vest on 12/2/2020 \ and 1/2 vest on 12/2/2020 \ and 1/2 vest on 12/2/2020 \ and 1/2 vest on 12/2/2021 \ and 1/2 vest on 12/2/2020 \ and 1/2 ves$ 700 shares that vest on 12/4/2020.
- 3. All these options to purchase Common Stock are exercisable except for 16,000 options that are subject to the following vesting schedule 1/4 vest on 2/1/2020, 1/4 vest on 2/1/2021, 1/4 vest on 2/1/2022 and 1/4 vest on 2/1/2023.
- 4. All these options to purchase Common Stock are exercisable except for 8,000 options that are subject to the following vesting schedule 1/4 vest on 6/7/2020, 1/4 vest on 6/7/2021, 1/4 vest on 6/7/2022 and 1/4 vest on 6/7/2023.
- 5. Options to purchase shares of Common Stock are subject to the following vesting schedule 1/5 vest on 6/3/2020, 1/5 vest on 6/3/2021, 1/5 vest on 6/3/2022, 1/5 vest on 6/3/2023 and 1/5 vest on 6/3/2024.

Remarks:

/s/Joseph

12/04/2019

Salamunovich/attorney in fact ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.