FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APF	OMB APPROVAL				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person* Crainer Thomas C (Last) (First) (Middle) 51 OLD COUNTRY ROAD						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]									neck all ap Dire	ionship of Reporting Per all applicable) Director		rson(s) to Issuer 10% Owner Other (specify			
						3. Date of Earliest Transaction (Month/Day/Year) 02/18/2013										Officer (give title below) VP and Gen		below) eral Manager			
(Street) OXFORD CT US 06478				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting							
(City)	(S		(Zip)													Person					
		Tab	le I - No	n-Deri\	/ative	Se	curiti	es A	cquired	, Dis	sposed c	of, or	Bene	eficial	ly Own	ed					
Date			Date	ransaction e nth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Dis		urities Acquired (A sed Of (D) (Instr. 3,			5) Secur Benef Owne	5. Amount of Securities Beneficially Owned Following Reported		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	() ()	A) or D)	Price	Trans	nsaction(s) str. 3 and 4)			(IIISU. 4)			
Common	Stock			02/18	3/2013				F ⁽⁹⁾		237(9)		D (9)	\$49.5	55 16,	133(2)(5)(7)		D			
1. Title of	2.	3. Transaction	3A. Deeme	(e.g., p	outs, o	call	s, wai	rrant	S, optio	ns,	converti	ble s	ecuri	ties)	8. Price	of 9. Numb		10.	11. Nature		
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execution if any (Month/Da	ay/Year) 8	Transaction Code (Instr. B)					xpiration Date Month/Day/Year)		of Securities Underlying Derivative Secu (Instr. 3 and 4)		ecurity	Derivativ Security (Instr. 5)	e derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	es ally ig d	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	N O	mount r lumber f shares							
Option to purchase Common Stock	\$31.91								02/12/200	9 ⁽¹⁾	02/12/2015	Com		25,000		25,0	00	D			
Option to purchase Common Stock	\$20.37								11/11/200	8 ⁽³⁾	11/11/2015	Com		25,000		25,0	00	D			
Option to purchase Common Stock	\$22.73								11/16/201	0 ⁽⁴⁾	11/16/2016	Com		25,000		25,0	00	D			
Option to Purchase Common Stock	\$37.66								10/06/201	2 ⁽⁶⁾	10/06/2018	Com		20,000		20,0	00	D			
Option to Purchase Common	\$44.6								06/04/201	3 ⁽⁸⁾	06/04/2019	Com		20,000		20,0	00	D			

Explanation of Responses:

- 1. Options to purchase shares of common stock are subject to the following vesting schedule: 1/5 vest on 2/12/09, 1/5 vest on 2/12/10, 1/5 vest on 2/12/11, 1/5 vest on 2/12/12 and 1/5 vest on 2/12/13.
- 2. 600 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 2/12/13. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. Options to purchase shares of common stock are subject to the following vesting schedule: 1/3 vested on 11/11/09, 1/3 vest on 11/11/10 and 1/3 vest on 11/11/11.
- 4. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 11/16/2010, 1/5 vest on 11/16/2011, 1/5 vest on 11/16/2012, 1/5 vest on 11/16/2013 and 1/5 vest on
- 5. 5,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/5 lapse on 10/06/2012, 1/5 lapse on 10/06/2013, 1/5 lapse on 10/06/2014, 1/5 lapse on 10/06/2015 and 1/5 lapse on 10/06/2016. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- $6.\ Options\ to\ purchase\ shares\ of\ Common\ Stock\ are\ subject\ to\ the\ following\ vesting\ schedule:\ 1/5\ vest\ on\ 10/06/2012,\ 1/5\ vest\ on\ 10/06/2013,\ 1/5\ vest\ on\ 10/06/2014,\ 1/5\ vest\ on\ 10/06/2015\ and\ 1/5\ vest\ on\ 1/0/06/2013\ and\ 1/0/06/2013\ and\ 1/0/06/2013\ and\ 1/0/06/2013\ and\ 1/0/06/2013\ and\ 1/0/06/2013\ and\ 1/0/06/2013\ a$ 10/06/2016. Options expire 7 years from grant date.
- 7. 4,500 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 lapse on 6/4/2013, 1/3 laspe on 6/4/2014 and 1/3 lapse on 6/4/2015. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 8. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017. Options expire 7 years from grant date.
- 9. Represents shares withheld by the Company to pay tax liability related to the vesting of restricted stock.

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.