FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Sullivan Robert M (Last) (First) (Middle) 180 WINDMILL HILL (Street) WETHERSFIELD CT 06109 (City) (State) (Zip)					Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL] Date of Earliest Transaction (Month/Day/Year) 06/07/2019								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owne					
													helow)	Officer (give title below) Corporate		Other (s below) troller		
				4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivers 1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)				action	ction 2A. Deemed Execution Date		ned n Date,	e, Transaction Disposed Code (Instr.		of, or Beneficially ies Acquired (A) or Of (D) (Instr. 3, 4 and 5)		5. Amour Securitie Beneficia Owned F	5. Amount of Securities Beneficially Owned Following		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									v	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)	
Common Stock 06/07/				7/2019	2019			F		37(1)	D	\$150.3	2,743 ⁽²⁾⁽³⁾⁽⁴⁾⁽⁵⁾			D		
			Table II -								osed of, convertil			Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,	4. Transaction Code (Instr 8)		on of		6. Date Exercisa Expiration Date (Month/Day/Year			7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					
Option to Purchase Common Stock	\$99.64								06/27/201	8 ⁽⁶⁾	06/27/2024	Common Stock	2,000		2,000		D	
Option to Purchase Common Stock	\$132.12								06/07/201	9 ⁽⁷⁾	06/07/2025	Common Stock	5,000		5,000		D	
Option to Purchase Common Stock	\$143.92								06/03/2020	0 ⁽⁸⁾	06/03/2026	Common Stock	7,000		7,000		D	

Explanation of Responses:

- 1. Represents shares withheld by the Company to pay tax liability related to the vesting of restricted stock
- 2. 1,000 shares of the reported Common Stock are Restricted Shares. 1/5 vest on 6/3/2020, 1/5 vest on 6/3/2021, 1/5 vest on 6/3/2022, 1/5 vest on 6/3/2023, 1/5 vest on 6/3/2024. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. 200 shares of the reported Common Stock are Restricted Shares. 1/2 vest on 3/29/2020 and 1/2 vest on 3/29/2021. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 4. 400 shares of the reported Common Stock are Restricted Shares. 1/4 vest on 6/7/2020, 1/4 vest on 6/7/2021, 1/4 vest on 6/7/2022 and 1/4 vest on 6/7/2023. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 5. 667 shares of the reported Common Stock are Restricted Shares. 1/2 vest on 6/27/2019 and 1/2 vest on 6/27/2020. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
- 6. All these options to purchase Common Stock are exercisable except for 1,600 options that are subject to the following vesting schedule 1/4 vest on 6/27/2019, 1/4 vest on 6/27/2020, 1/4 vest on 6/27/2021 and 1/4 vest on 6/27/2022.
- 7. All these options to purchase Common Stock are exercisable except for 4,000 options that are subject to the following vesting schedule 1/4 vest on 6/7/2020, 1/4 vest on 6/7/2021, 1/4 vest on 6/7/2022 and 1/4 vest on 6/7/2023.
- 8. Options to purchase shares of Common Stock are subject to the following vesting schedule 1/5 vest on 6/3/2020, 1/5 vest on 6/3/2021, 1/5 vest on 6/3/2022, 1/5 vest on 6/3/2023 and 1/5 vest on 6/3/2024.

Remarks:

/s/Joseph

06/11/2019

Salamunovich/attorney in fact ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.