FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

II -	_
	APPROVAL
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OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Stewart Edward						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]									eck all applic Directo Officer	ationship of Reporting k all applicable) Director Officer (give title		10% Ov	wner	
(Last) (First) (Middle) 5715 EAST CHENEY DRIVE PARADISE VALLEY					3. Date of Earliest Transaction (Month/Day/Year) 07/08/2016										below)			below)		
(Street) PARADISE VALLEY AZ 85253 (City) (State) (Zip)				4. 1	f Ame	endment,	Date	of Original	Filed	(Month/Da	Line	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
		Tab	ole I - Nor	-Deriv	vativ	e Se	curitie	es A	cauired.	Disi	posed o	f. or	Bene	ficiall	v Owned					
1. Title of Security (Instr. 3)				2. Trans Date (Month	saction	n ear)	2A. Deemed Execution Date if any (Month/Day/Yea		3. Transaction Code (Instr.		4. Securities Acquired (An Disposed Of (D) (Instr. 3		(A) or	5. Amour Securitie Beneficia Owned F	5. Amount of Securities Beneficially Owned Following		n: Direct or Indirect ostr. 4)	7. Nature of Indirect Beneficial Ownership		
									v	Amount	1)	A) or D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	07/0	8/201	6			A		1,250)	Α	\$0.01	12,75	0(2)(4)(6)		D					
		-	Table II -						quired, E s, option						Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution I if any (Month/Day	Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisal Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	0 N 0	lumber						
Option to Purchase Common Stock	\$51.08								06/14/2014	µ ⁽¹⁾ 0	06/14/2020	Comr		2,500		2,500	1	D		
Option to Purchase Common Stock	\$64.15								07/01/2015	j(3)	07/01/2021	Comm		2,000		2,000	١	D		
Option to Purchase Common Stock	\$72.83								07/01/2016	g(5) 0	07/01/2022	Comr		2,000		2,000		D		
Option to Purchase	\$72.94	07/01/2015			A		2.000		07/01/2016	(7) (C	07/01/2022	Comr	non .	2.000	\$72.94	2.000		D		

Explanation of Responses:

Common

- $1. \ Options \ to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2016, 1/5 vest on$ 6/14/2018. Options expire 7 years from grant date.
- 2. 416 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 7/1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2015, 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018 and 1/5 vest on 7/1/2019. Options expire 7 years from grant date.
- 4. 833 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 5. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018, 1/5 vest on 7/1/2019 and 1/5 vest on 7/1/2020. Options expire 7 years from grant date.
- 6. 1,250 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule: 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 7. Options to purchase shares of Common Stock are subject to the following vesting schedule: 1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021. Options expire 7 years from grant date.

Remarks:

Thomas J. Williams, attorney

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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