FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Burigo Thomas M						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]								S. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Office of the Athle Other (constitution)					
(Last) (First) (Middle) 11 HYATT LANE					3. Date of Earliest Transaction (Month/Day/Year) 06/08/2017								Officer (give title X Other (specify below) Retired Section 16 Insider						
(Street) WESPORT CT			06880		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					1
(City) (State)			(Zip)			Person													
			ble I - N			_			1	d, Di	sposed of								
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				2. Transaction Date (Month/Day/Yea		Execution D		n Date,			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar			5)	Securities Beneficia	eneficially wned Following		n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
								v	Amount	(A) or (D)			Transaction(s) (Instr. 3 and 4)				(
Common Stock 06				06/08	08/2017				M	Щ	10,000	A	\$37.			3(1)(2)(3)		D	
Common Stock 06/08/201				3/2017				S		10,000	D	\$104.9			(1)(2)(3)		D		
			Table I								posed of, convertib				vned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)			Transa Code (ransaction ode (Instr.		umber ivative urities uired or oosed O) (Instr. and 5)	6. Date Expirat (Month	ion Dat		7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		De Se	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(A) (D)	Date Exercisable		Expiration Date	Title	Amou or Numl of Share	ber					
Option to Purchase Common Stock	\$37.66	06/08/2017			М			10,000	10/06/2	2012 ⁽⁴⁾	10/06/2018	Common Stock	ⁿ 10,0	000	\$0	0		D	
Option to Purchase Common Stock	\$22.66					07/12/2008 ⁽⁵⁾		07/12/2013	Common Stock	ⁿ 4,00	00	4,000)	D				
Option to Purchase Common Stock	\$44.6								06/04/2013 ⁽		06/04/2019	Common Stock	ⁿ 10,0	000	10,00		0	D	
Option to Purchase Common Stock	\$51.08								06/14/2	2014 ⁽⁷⁾	06/14/2020	Common Stock	ⁿ 10,0	000		10,00	0	D	
Option to Purchase Common Stock	\$64.15								07/01/2	2015 ⁽⁸⁾	07/01/2021	Common Stock	ⁿ 10,0	000		10,00	0	D	
Option to Purchase Common Stock	\$72.83								07/01/2	2016 ⁽⁹⁾	07/01/2022	Common Stock	ⁿ 10,0	000		10,00	0	D	
Option to Purchase Common	\$72.94								07/08/2	017 ⁽¹⁰⁾	07/08/2023	Common Stock	n 10,0	000		10,00	0	D	

Explanation of Responses:

- 1. 1,000 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule- 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 2. 1,500 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule- 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. 500 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse on 7-1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
- 4. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 10/06/2012, 1/5 vest on 10/06/2013, 1/5 vest on 10/06/2014, 1/5 vest on 10/06/2015 and 1/5 vest on 10/06/2016. Options expire 7 years from grant date.
- 5. Options to purchase shares of common stock are subject to the following vesting schedule- 1/4 vest on 7/12/08, 1/4 vest on 7/12/09, 1/4 vest on 7/12/10 and 1/4 vest on 7/12/11.
- $6. \ Options \ to purchase shares of Common Stock are subject to the following vesting schedule-1/5 vest on 6/4/2013, 1/5 vest on 6/4/2014, 1/5 vest on 6/4/2015, 1/5 vest on 6/4/2016 and 1/5 vest on 6/4/2017.$

Options expire 7 years from grant date.

- $7. \ \, Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016, 1/5 vest on 6/14/2017 and 1/5 vest on 6/14/2018.$ Options expire 7 years from grant date.
- $8. \ Options \ to purchase shares of Common Stock are subject to the following vesting schedule-1/5 vest on 7-1/2015, 1/5 vest on 7-1/2016, 1/5 vest on 7-1/2017, 1/5 vest on 7-1/2018 and 1/5 vest on 7-1/2019.$ Options expire 7 years from grant date.
- $9.\ Options\ to\ purchase\ shares\ of\ Common\ Stock\ are\ subject\ to\ the\ following\ vesting\ schedule-\ 1/5\ vest\ on\ 7/1/2016,\ 1/5\ vest\ on\ 7/1/2018,\ 1/5\ vest\ on\ 7/1/2019\ and\ 1/5\ vest\ on\ 7/1/2020.$ Options expire 7 years from grant date
- $10. \ Options to purchase shares of Common Stock are subject to the following vesting schedule-1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021.$ Options expire 7 years from grant date.

Remarks:

/s/Thomas J. Williams /attorney 06/09/2017 in fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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