FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Wash

washington, D.C. 20549	OMB APPROVAL			
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235		

OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Faghri Amir				2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]									(Che	elationship ock all applic	able)	g Pers	son(s) to Iss		
(Last) (First) (Middle) RBC BEARINGS INCORPORATED					3. Date of Earliest Transaction (Month/Day/Year) 11/08/2005										Officer (give title below)		Other (s below)	specify	
ONE TRIBOLOGY CENTER					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable						
(Street)	D C	Γ	06478		11/10/2005				.0/2005							Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(St	ate)	(Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,			Code (Instr. 5)					es Formally (D) (Sollowing (I) (I		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
				Code				· v	Amount	(A) o (D)	(A) or (D) Price		Reported Transact (Instr. 3 a	tion(s)			(Instr. 4)		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	4. Transaction Code (Instr. 8)				6. Date Exercisa Expiration Date (Month/Day/Year		•	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				c	Code	v	(A)	(D)	Date Exercisa	ble	Expiration Date	Title	or Nu of	nount imber ares					
Options for Common Stock	\$15.33	11/08/2005			A		2,500		11/08/20)5 ⁽¹⁾	11/08/2015	Common Stock	2,	,500	\$0	2,500		D	

Explanation of Responses:

1. Options to purchase shares of common stock are subject to the following vesting schedule: 33% vest on 11/8/05, 33% vest on 11/8/06 and 34% vest on 11/8/07; provided that those options that vested on 11/8/05 and may be exercised currently are subject to a lock-up that expires 180 days after the Issuer's initial public offering.

> 11/10/2005 /s/ Daniel A. Bergeron

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.