FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL							
	OMB Number:	3235-0287						
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l	hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Sect	ion 30	(h) of the	Investm	ent C	ompany Act	of 1940	,							
1. Name and Address of Reporting Person* BERGERON DANIEL A						2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
					_										X Director			10% Owner		
					3. Date of Earliest Transaction (Month/Day/Year) 08/18/2022									X Officer (give title Other (specify below) Vice President and COO						
14 DEN	IAUKASS .	LANE																		
(Street)				4.1	lf Ame	endme	nt, Date	of Origin	al File	ed (Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line)								
NEWTOWN CT 06470			_										X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(S		(Zip)													·				
		Tak	ole I - N	on-Deri	ivativ	e Se	curit	ies Ad	quire	d, Di	sposed o	f, or Be	nefic	ially	Owned					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/				Execution Date,		3. Transaction Code (Instr. 8)		s Acquired (A) or f (D) (Instr. 3, 4 and		Beneficially Owned Following		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership					
						, ,		Code	v	Amount	(A) or (D) Price			Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
Common	Stock			08/18/	/2022				M		1,563	A	\$72	.94	105,	105,281(1)		D		
Common	Stock			08/18/	8/2022				S		1,563	D	\$258.	.7352	103,	,718 ⁽¹⁾		D		
		•	Table II								posed of, convertil				wned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I			saction of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo of Securities Underlying Derivative Secur (Instr. 3 and 4)		Derivative Security		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Own Forn Direc or In (I) (Ir	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa	ıble	Expiration Date	Title	Amou or Numb of Share	oer						
Option to Purchase Common Stock	\$72.94	08/18/2022			M			1,563	07/08/2	021	07/08/2023	Common Stock	1,56	63	\$0	0		D		
Option to Purchase Common Stock	\$99.64								06/27/2	018	06/27/2024	Common Stock	30,0	00		30,000)	D		
Option to Purchase Common Stock	\$132.12								06/07/20	19 ⁽²⁾	06/07/2025	Common Stock	35,0	00		35,000)	D		
Option to Purchase Common Stock	\$143.92								06/03/20	20 ⁽³⁾	06/03/2026	Common Stock	35,0	00		35,000)	D		
Option to Purchase Common Stock	\$137.44								06/02/20	21 ⁽⁴⁾	06/02/2027	Common Stock	20,7	43		20,743	3	D		
Option to Purchase Common Stock	\$199.16								06/03/20	22 ⁽⁵⁾	06/03/2028	Common Stock	35,0	00		35,000)	D		

Explanation of Responses:

 $1. \ Includes \ 32,732 \ shares \ of restricted \ stock, \ which \ vest \ according \ to \ the \ following \ schedule; \ 4,291 \ shares \ that \ vest \ on \ 6/2/2023; \ 16,667 \ shares \ 1/2 \ of \ which \ vest \ on \ 6/3/2023 \ and \ 1/2 \ vest \ on \ 6/3/2024; \ and \ 11,774 \ shares \ 1/3 \ of \ which \ vest \ on \ 6/3/2023, \ 1/3 \ vest \ on \ 6/3/2024 \ and \ 1/3 \ vest \ on \ 6/3/2025.$

- $2. \ All \ these \ options \ to \ purchase \ Common \ Stock \ are \ exercisable \ except \ for \ 7,000 \ options \ that \ vest \ on \ 6/7/2023.$
- 3. All these options to purchase Common Stock are exerciseable except for 14,000 options that are subject to the following vesting schedule 1/2 vest on 6/3/2023 and 1/2 vest on 6/3/2024.
- 4. All these options to purchase Common Stock are exerciseable except for 12,446 options that are subject to the following vesting schedule 1/3 vest on 6/2/2023, 1/3 vest on 6/2/2024 and 1/3 vest on 6/2/2025.
- 5. All these options to purchase Common Stock are exerciseable except for 28,000 options that are subject to the following vesting schedule 1/4 vest on 6/3/2023, 1/4 vest on 6/3/2024, 1/4 vest on 6/3/2025 and 1/4 vest on 6/3/2026.

Remarks:

/s/John J. Feeney/attorney in fact

08/22/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.	