FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
nstruction 1(b)

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average b	urden								
hours ner resnonse.	0.5								

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*				2. Issuer Name <b>and</b> Ticker or Trading Symbol RBC Bearings INC [ ROLL ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
HARTNETT MICHAEL J				1	<u>,                                    </u>	carin	89 11	<u>,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,</u>	ICOL.	<u> </u>			) )	X Dire	ctor	X	10% C	wner	
(Last)	(First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year)							_ >	X Officion belo	,		Other below)	(specify		
RBC BEARINGS INCORPORATED				12/	12/27/2006								CEO						
ONE TRIBOLOGY CENTER																			
				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. In Line	6. Individual or Joint/Group Filing (Check Applicable						
(Street) OXFORI	) C1	г с	6478												•	n filed by One	e Repo	orting Pers	on
———		· · · · · ·												Form filed by More than One Reporting Person					
(City)	(St	ate) (2	Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/					Execution Date,		3. Transaction Code (Instr. 8)  4. Securities A Disposed Of (D			s Acqui of (D) (In	red (A) str. 3,	or 4 and 5)	Secui Bene Owne	ficially d Following	Form	nership : Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or Pr	ice	Trans	eported ransaction(s) nstr. 3 and 4)			(Instr. 4)
Common Stock 12/28/20				2006	006			S		10,008	D \$29		29.050	4 5	53,961		D		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution or Exercise (Month/Day/Year) if any		on Date,	Code (Instr.				6. Date Exercis Expiration Dat (Month/Day/Ye		ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		Di Se (II	Price of erivative ecurity nstr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y O Fo O (I)	Do. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Codo	v	(0)	<b>(D)</b>	Date	able	Expiration	Title	Amo or Num of	ber					

**Explanation of Responses:** 

Thomas J. Williams

12/29/2006

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.