FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	Washington	n, D.C. 20549	
STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

ı	OMB APPR	OVAL
	OMB Number:	3235-0287
	Estimated average bur	den
	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol RBC Bearings INC [ROLL]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 392 KENSINGTON ROAD					2. Date of Farlingt Transaction (Month/Day/Voor) Officer (give title Other										Other (s				
(Street) SOUTHINGTON CT 06489				_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)					Person											·······································			
		Ta	ble I - No	n-Der	ivativ	/e S	ecuriti	es A	Acquired, [Dis	posed o	f, or Bei	nefic	ially	Owned				
		Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (In	Transaction Disposed C Code (Instr. 5)		ies Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	/	Amount	(A) or (D) Pri		ce	Transaction (Instr. 3 ar	on(s)			(1130.4)	
Common	Stock			06/2	2 <mark>7/20</mark> 1	17			A		1,250	A	\$	0.01	16,000	1)(2)(3)(4)		D	
			Table II -						quired, Di						Owned				
	1.	I	T.			, cal	_		ts, options					_		l			
1. Title of Derivative Security (Instr. 3)	2. 3. Transaction Date Onterior of Derivative Security 3. Transaction Date (Month/Day/Year)		3A. Deeme Execution I if any (Month/Day	Date,	Code (Instr.		n of Ex		Expiration Da	. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
				С	Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amo or Num of Shar	ber					
Option to Purchase Common Stock	\$99.64	06/27/2017			A		2,000		06/27/2018 ⁽⁵		06/27/2024	Common Stock	2,0	000	\$99.64	2,000)	D	
Option to Purchase Common Stock	\$22.73								11/16/2010 ⁽⁶		11/16/2016	Common Stock	2,50)0 ⁽⁶⁾		2,500 ⁰	(6)	D	
Option to Purchase Common Stock	\$39.16								07/07/2012 ⁽⁷		07/07/2018	Common Stock	2,50)0 ⁽⁷⁾		2,500 ⁰	(7)	D	
Option to Purchase Common Stock	\$51.08								06/14/2014 ⁽⁸		06/14/2020	Common Stock	2,50	00(8)		2,500 ⁰	(8)	D	
Option to Purchase Common Stock	\$64.15								07/01/2015 ⁽⁹		07/01/2021	Common Stock	2,00)0 ⁽⁹⁾		2,000	(9)	D	
Option to Purchase Common Stock	\$72.83								07/01/2016 ⁽¹⁰))	07/01/2022	Common Stock	2,0	000		2,000)	D	
Option to Purchase Common	\$72.94								07/08/2017 ⁽¹¹	.)	07/08/2023	Common	2,0	000		2,000)	D	

Explanation of Responses:

- 1. 1,250 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule 1/3 vest on 6/27/2018, 1/3 vest on 6/27/2019, 1/3 vest on 6/27/2020. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 2. 1,250 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule- 1/3 vest on 7/8/2017, 1/3 vest on 7/8/2018, 1/3 vest on 7/8/2019. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events.
- 3. 416 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in on 7/1/2017. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
- 4. 833 shares of the reported Common Stock are Restricted Shares. The Restrictions lapse in accordance with the following schedule- 1/2 vest on 7/1/2017, 1/2 vest on 7/1/2018. Unvested shares of Restricted Stock (i) may be immediately forfeited to the Company at the time the grantee ceases to be an officer or employee of, or otherwise perform services for, the Company or its subsidiaries under certain circumstances or (ii) may lapse upon the happening of certain events
- 5. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 6/27/2018, 1/5 vest on 6/27/2019, 1/5 vest on 6/27/2020, 1/5 vest on 6/27/2021 and 1/5 vest on 6/27/2022. Options expire 7 years from grant date.

- 6. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/3 vest on 11/16/2010, 1/3 vest on 11/16/2011 and 1/3/ vest on 11/16/2012
- 7. Options to purchase shares of common stock are subject to the following vesting schedule- 1/3 vested on 7/7/2012, 1/3 vest on 7/7/2013 and 1/3 vest on 7/7/2014.
- 8. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 6/14/2014, 1/5 vest on 6/14/2015, 1/5 vest on 6/14/2016. Options expire 7 years from grant date.
- 9. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 7/1/2015, 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018 and 1/5 vest on 7/1/2019. Options expire 7 years from grant date
- 10. Options to purchase shares of Common Stock are subject to the following vesting schedule- 1/5 vest on 7/1/2016, 1/5 vest on 7/1/2017, 1/5 vest on 7/1/2018, 1/5 vest on 7/1/2019 and 1/5 vest on 7/1/2020. Options expire 7 years from grant date.
- 11. Options to purchase shares of Common Stock are subject to the following vesting schedule 1/5 vest on 7/8/2017, 1/5 vest on 7/8/2018, 1/5 vest on 7/8/2019, 1/5 vest on 7/8/2020 and 1/5 vest on 7/8/2021. Options expire 7 years from grant date.

Remarks:

/s/Thomas J. Williams /attorney

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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